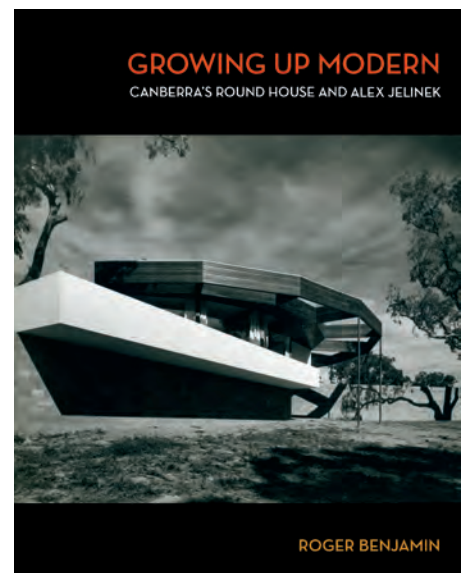
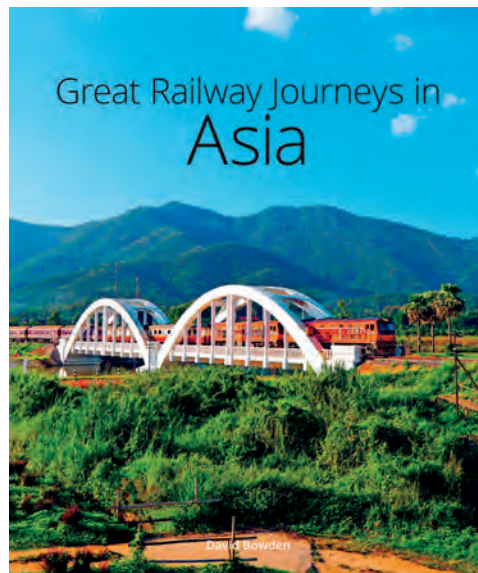
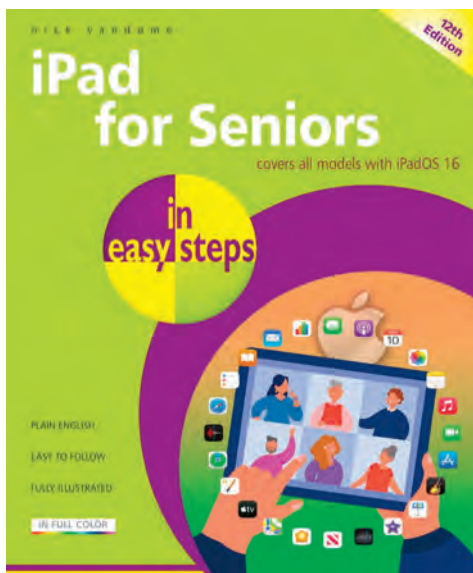
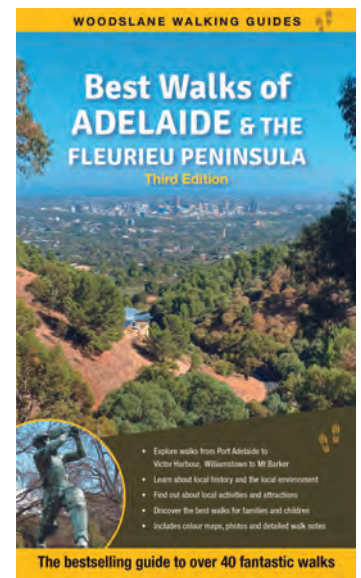
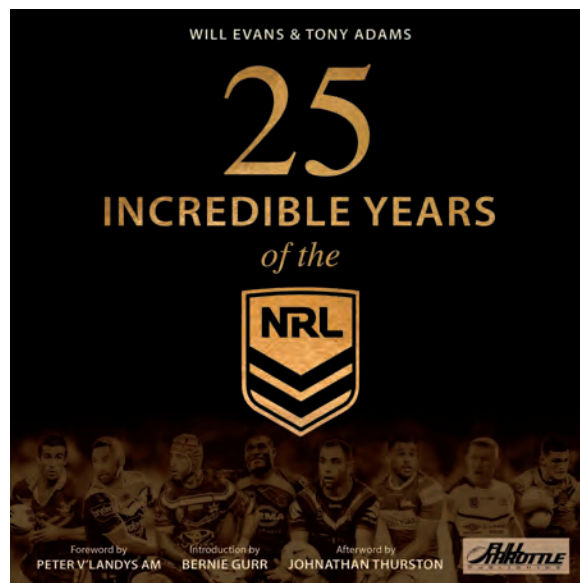


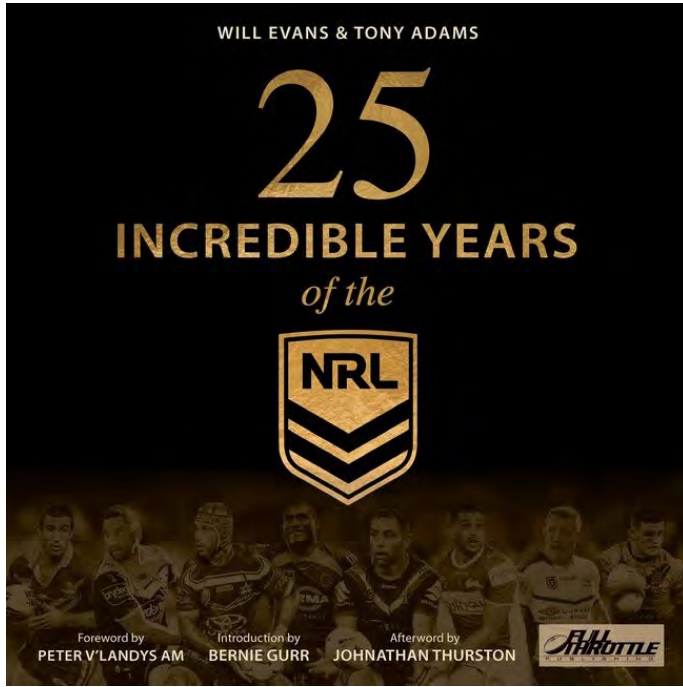
JANUARY 2023

NEW RELEASE CATALOGUE



WOODSLANE

W: WOODSLANE.COM.AU PH: (02) 8445 2300 E: INFO@WOODSLANE.COM.AU



25 Incredible Years of the NRL

MUST HAVE BOOK FOR ALL NRL LOVERS!

By Will Evans and Tony Adams
Forward by Peter V'Landys AM
Introduction by Bernie Gurr
Afterwords by Johnathan Thurston

The National Rugby League premiership enjoyed its 25th season in 2022 - a milestone marking a period of extraordinary change, progress, triumphs, heartache, controversy, and indelible highlights.

Full Throttle Publishing's *25 Incredible Years of the NRL* untangles the narrative of the past quarter-century.

It encompasses the codes recovery from the rubble of the Super League war, the tearful demise and auspicious birth of several teams, and countless unforgettable moments at the club and representative level created by rugby leagues players, coaches, administrators, officials, and fans since 1998. Spearheaded by the passion and toil of publisher Tony Loxley, and the books author and editor Will Evans, and enhanced by the efforts of writer and copy editor Nick Tedeschi, veteran journalist Tony Adams and wonderful contributions from other key figures, this is a publication for all rugby league followers to cherish.

AUD RRP: \$59.95

Due Date: December 2022

Format: Hardback

Illustration: Colour Throughout

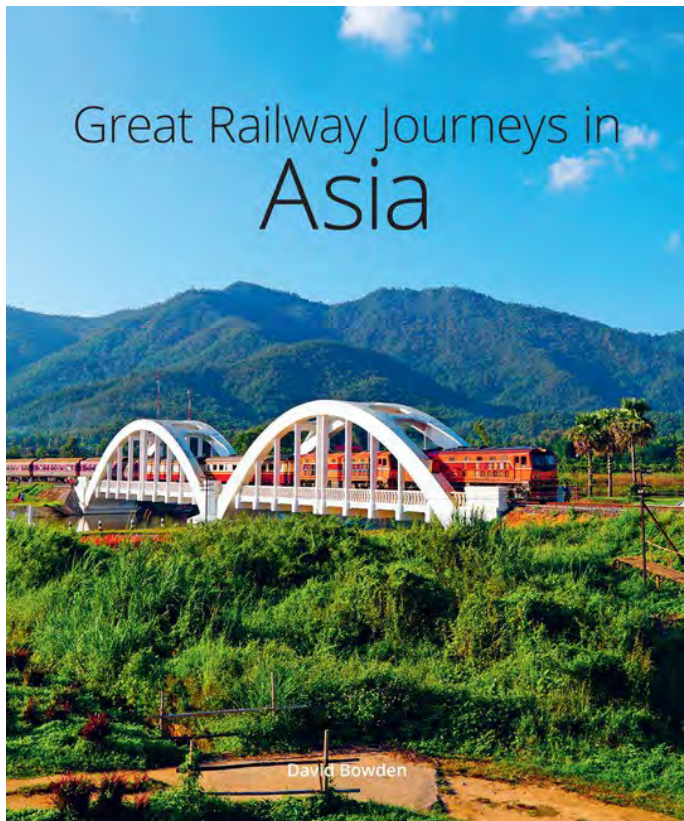
ISBN-13: 9780648887430

Discount: Trade Australian

Size: 270 X 270

Pages: 400





Great Railway Journeys in Asia

By *Bowden David*

Great Railway Journeys in Asia showcases 34 of the best rail journeys in South, Southeast and North Asia. The journeys chosen by David Bowden, an avid rail traveller, range from quirky trains used as essential travel for locals, such as the North Borneo Railway, to trains on which passengers can experience 5-star luxury as they travel through stunning scenery, as, for example, the opulence of India's Palace on Wheels.

Other journeys are chosen for the marvel of their engineering, Thailand's Death Railway for instance, features the 300-metre long Tham Krasae trestle bridge or for the length of a country that they traverse, like the Trans-Mongolian Railway that connects Beijing with Moscow via vast plains and steppes. Some are slow trains and some travel at super-high speeds.

For each journey, there is historical, technical, and practical information as well as interesting details on the places accessible from the main stations. Each is accompanied by a route map. Whether you are planning a special trip by train or delighting in discovering Asia's best railway journeys from the comfort of your armchair, this book is an informative and entertaining read.



Author Bio:

David Bowden is a freelance journalist based in Malaysia, specializing in travel and the environment. While Australian, he's been living in Asia longer than he can remember but returns frequently to his home country and has a particular enthusiasm for the revived railways there. He is the author of *Great Railway Journeys in Australia* and *New Zealand*, *Enchanting Australia*, *Enchanting Bali & Lombok*, *Enchanting Borneo*, *Enchanting Indonesia*, *Enchanting Langkawi*, *Enchanting Malaysia*, *Enchanting Singapore*, and *Enchanting Vietnam*, all published by John Beaufoy Publishing.

AUD RRP: \$49.99

Due Date: January 2023

Format: Hardback

Illustration: Colour Section(S)

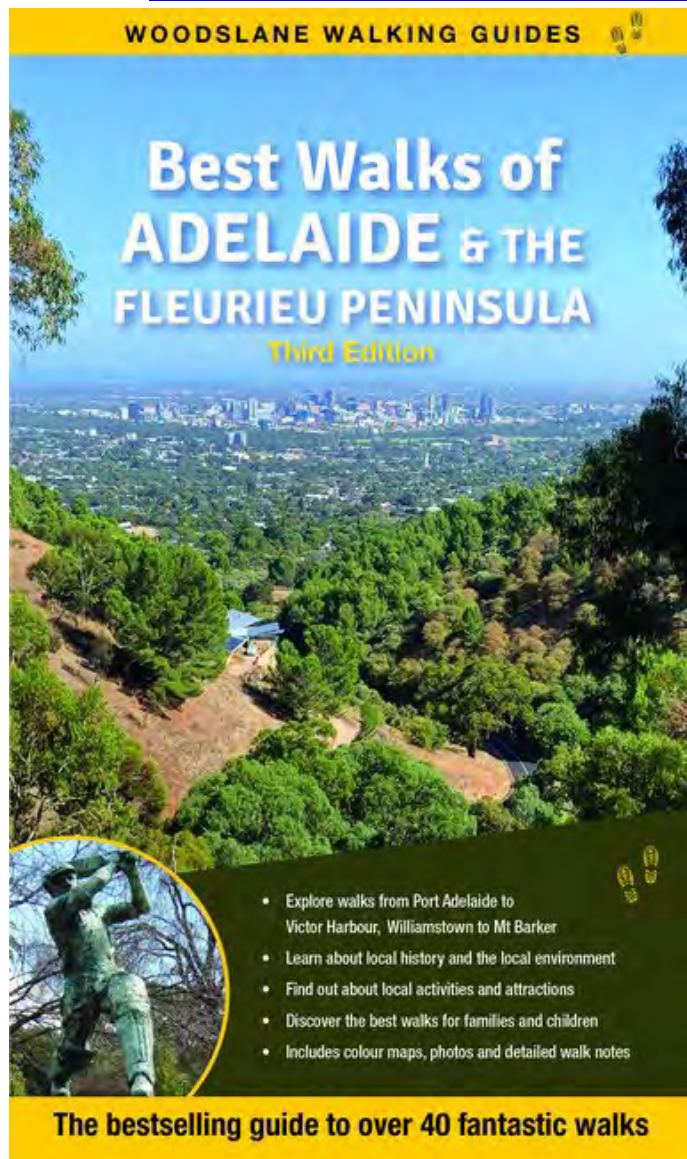
ISBN-13: 9781913679309

Discount: Trade International

Size: 260 X 215

Pages: 160





Best Walks of Adelaide & the Fleurieu Peninsula 3/e

The bestselling guide to over 40 fantastic walks

By Peter Beer, June Bosence and Steph Zissis

Key Sales Points:

- * New edition in the bestselling and highly regarded Woodslane Walking Guides.
- * Local population of over a million with high visitor numbers.
- * Now includes the Fleurieu Peninsula.
- * Previous Edition ISBN: **9781925868012**.

Publicity:

- * Press releases to major metropolitan and regional newspapers.
- * Posters and flyers available on request.

This new edition in Australia's bestselling walking guide series introduces the best walks for visitors and residents alike, ranging from fascinating city walks, leisurely cliff-top and beach strolls to the more rugged tracks deep in the Adelaide Hills and bush surrounding the city.

Detailed descriptions and maps help the reader explore the city, parks, bushland, lakes, villages, and coasts.

The book is richly illustrated with over 150 full-colour photographs and dozens of detailed maps.

A summary table of walks indicating distances, facilities and highlights is included to help the reader find exactly the right walk for the occasion.

Covers the entire metropolitan region plus the Fleurieu Peninsula and includes a few hidden gems as well as the better-known tracks.

AUD RRP: \$32.99

Due Date: January 2023

Format: Paperback

Illustration: Colour Throughout

ISBN-13: 9781922800053

Discount: Trade Australian

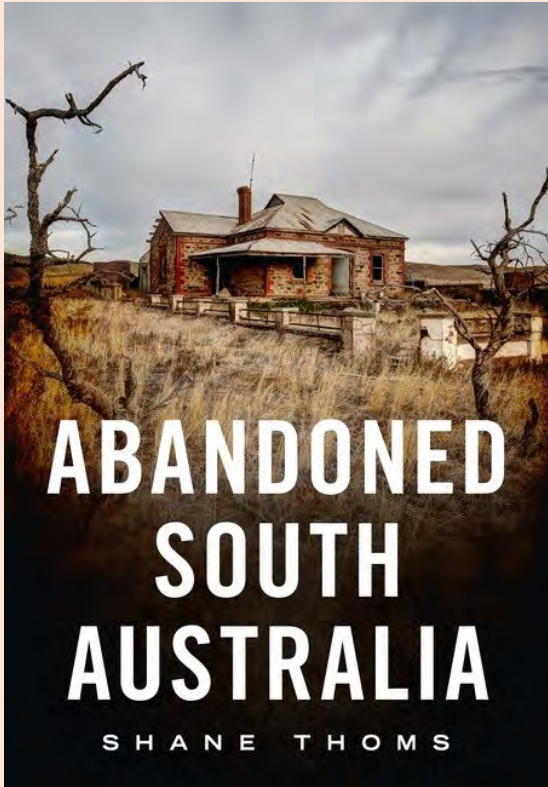
Size: 220 X 130

Pages: 240

Author Bio:

June Bosence has lived in the Adelaide region all her life. An active member of Adelaide Bush Walkers, June has worked with The Walking Federation of South Australia Inc., promoting walking, and supporting bushwalking groups. Peter Beer, also a member of Adelaide Bushwalkers and involved in The Walking Federation of South Australia Inc, enjoys camping trips throughout Australia. Steph Zissis is a freelance journalist based in Adelaide and undertook both the revision of the existing book and the new Fleurieu Peninsula section.





Abandoned South Australia: An Arid Journey

By Thoms Shane

Key Sales Points:

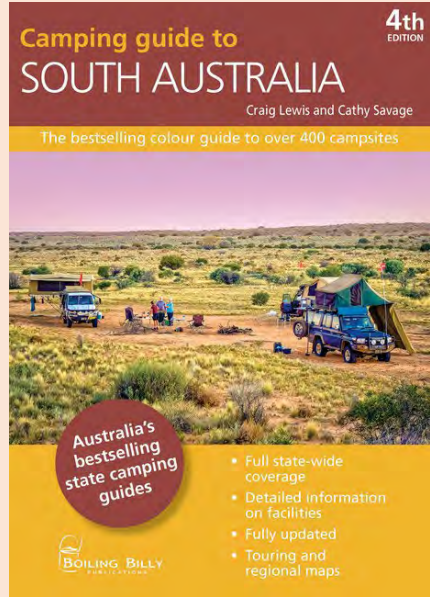
- * Beautifully photographed book of abandoned places in country South Australia.
- * Will appeal to anyone with an interest in architecture or history.
- * Award-winning photographer.
- * Interesting portrait of an Australia now lost to time.

The ruins of South Australia are barren, isolated time capsules. Starkly contrasting the states bustling city centre, we inhale these ghostly narratives upon the opening of each creaking door.

A diverse, unique and often unexplored region of the 'Great Land Down Under', the visual stories presented here are mere footnotes of South Australia's long and complex history.

AUD RRP: \$24.99
Release Date: Available Now
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9781925868913
Discount: Trade Australian
Size: 248 X 172
Pages: 96



Camping Guide to South Australia 4/e

The bestselling colour guide to over 400 campsites

By Craig Lewis and Cathy Savage

Key Sales Points:

- * The bestselling colour guide to over 400 campsites.
- * New touring and regional maps.
- * Fully updated.
- * Detailed information on facilities.
- * Full state-wide coverage.

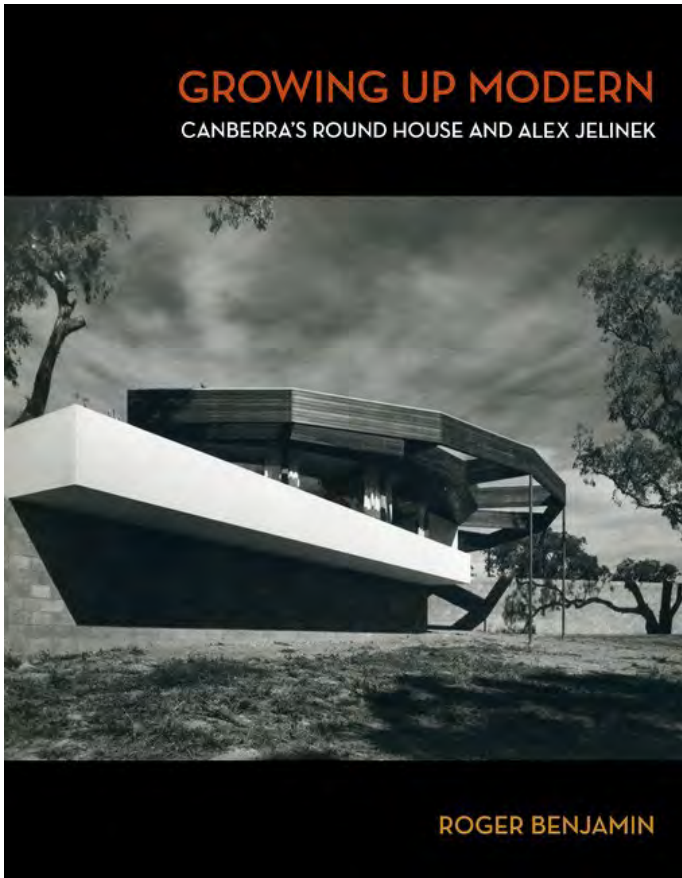
Experience the very best camping destinations in South Australia with this full-colour, fully updated and detailed directory to over 400 campsites. With *Camping Guide to South Australia*, 4th Edition, you'll find a comprehensive listing of more than 120 parks, forests, and reserves where you can pitch your tent, roll out your swag or unhitch your van.

This expanded 4th edition of the best-selling guide provides concise and accurate details to camping areas throughout the whole state, including those along the Murray River, in the stunningly beautiful Flinders Ranges and in remote outback South Australia, along the picturesque coastline of the South-East, across the Eyre and Yorke peninsulas and, of course, on the delightful playground which is Kangaroo Island.

AUD RRP: \$34.99
Release Date: Available Now
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9781925403862
Discount: Trade Australian
Size: 220 X 152
Pages: 301





Growing Up Modern

Canberra's Round House and Alex Jelinek

By Benjamin Roger

Key Sales Points:

- * Over 100 full-colour images of the house's design, construction, and evolution.
- * Includes several interviews with architect Alex Jelinek.
- * An extensive and detailed story of one of Australia's most unique homes.

Named "a genius if there ever was one", Czech refugee Alex Jelinek created Australia's 1957 House of the Year in the uniquely modern city of Canberra.

This is the story of how Canberra's 'Round House' came to be designed, built, and lived in – alongside the stories of the people who turned it into the home it is today.

The cultural intensity of the Benjamin family's lives in the 1960s and 1970s is brought vividly to life by the author, who in 1999 bought back the house and undertook its restoration.

Lovers of mid-century modern design will revel in this first-hand account of a childhood spent in the crucible of 60s culture.

Author Bio:
Roger Benjamin is Professor of Art History at the University of Sydney, passionate about his family's history and that of the home he grew up in.

AUD RRP: \$49.95

Due Date: **December 2022**

Format: Paperback

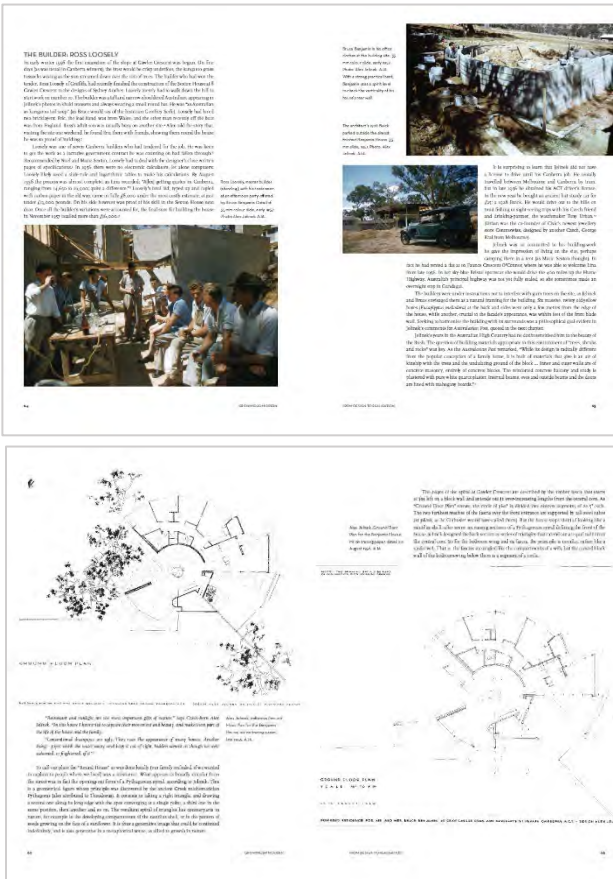
Illustration: Colour Throughout

ISBN-13: 9781875684090

Discount: Trade Australian

Size: 278 X 217

Pages: 200



Family, Faith and Fortune in Victorian Sydney

The Edina Estate



MICHAEL WATERHOUSE

Author Bio:

Michael Waterhouse is a former Senior Adviser in the Commonwealth Treasury and bank executive. He has had many articles published on the Australian financial system and on historical topics and is the author of Not a Poor Man's Field: The New Guinea Goldfields to 1942--An Australian Colonial History.

Family, Faith and Fortune in Victorian Sydney

The Edina Estate

By Waterhouse Michael

Key Sales Points:

- * Huge, amazing house that people can still visit in Waverley, but is almost unknown (Belongs to Uniting Church).
- * Really handsome book to match.
- * Previously unpublished photos show colonial lifestyles and early Sydney.
- * Residents are painted in text as characters, not always nice.
- * Art and decorations offer interesting insights into Victorian culture.

Publicity:

- * Write ups to come in heritage and architecture magazines.
- * Expecting coverage in Eastern Suburbs papers and mainstream media.
- * Uniting Church celebrations of 100 years since taking over the estate will generate further publicity.

The grandest private house surviving in Sydney from Colonial times is unknown, even too many in the heritage movement. Here at long last is the book which introduces "Edina"—and the people who lived there in its opulent heyday. Unspoilt, and beautifully preserved by the Uniting Church, Edina is a showpiece, rich in pictorial art, ornament, and garden features.

Michael Waterhouse has discovered an amazing array of pictures, showing the Eastern Suburbs before Sydney swallowed them up, and many aspects of the lives of generations of children and adults whose home was the Edina estate. His very readable text opens a bygone era; it tells the story of Jeanie Vickery, whose tastes and Scottish background set the cultural style of Edina, and her husband Ebenezer, faithful churchgoer, devoted family man and hardnosed industrialist.

AUD RRP: \$65.00

Due Date: November 2022

Format: Hardback

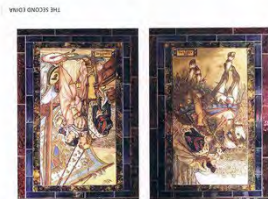
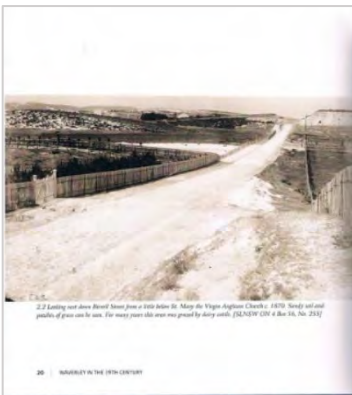
Illustration: Col & B&W Throughout

ISBN-13: 9781925043754

Discount: Trade Australian

Size: 235 X 216

Pages: 176





This is Architecture

Writing on Buildings

By Royal Fine Art Commission Trust

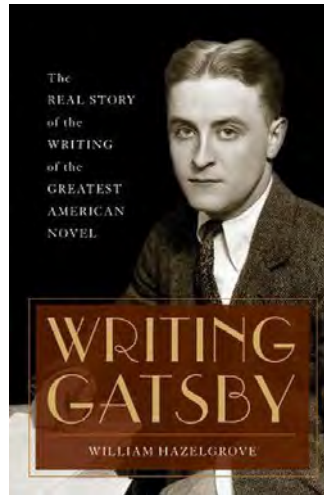
We all consume architecture - it's the one artform we can't avoid. So, it's hardly surprising that the finest writers have applied their minds to it. Most of them aren't architects, but their powers of perception are such that what they say gets under the skin of a building - and gives us a lesson in how to look at architecture.

You'll be entertained and enlightened as you find out why Goethe went from being dismissive of Strasbourg Cathedral to being an awed admirer; why Ruskin was offended by decorated shopfronts; why D.H. Lawrence loved Etruscan temples; why Tom Wolfe ridiculed the Seagram Building; why Vita Sackville-West saw Chatsworth as an alien interloper; why Rose Macaulay was passionate about ruins; And what Evelyn Waugh thought of Gaudi.

The answers, and plenty more, are all here. Knowing them will transform the way you see buildings and deepen your understanding of architecture.

AUD RRP: \$59.99
Due Date: January 2023
Format: Hardback
Illustration: B&W Throughout

ISBN-13: 9781914414862
Discount: Trade International
Size: 210 X 210
Pages: 112



Writing Gatsby:

The Real Story of the Writing of the Greatest American Novel

By Hazelgrove William

The Great Gatsby has sold 25 million copies worldwide and sells 500,000 copies annually. The book has been made into three movies and produced for the theatre. It is considered the Greatest American Novel ever written. Yet, the story of how The Great Gatsby was written has not been told except as embedded chapters of much larger biographies.

This story is one of heartbreak, infidelity, struggle, alcoholism, financial hardship, and one man's perseverance to be faithful to the raw diamond of his talent in circumstances that would have crushed others. The story of the writing of The Great Gatsby is a story.

Fitzgerald had descended into an alcoholic run of parties on Great Neck, NY, where he and Zelda had taken a home. His main source of income was writing for the "slicks" or magazines of the day the main source being the Saturday Evening Post where Fitzgerald's name on a story got him as high as four thousand dollars. Then on May 1, 1924, he, Zelda, and baby daughter Scottie quietly slipped away from New York on a "dry" steamer to France, the writer in search of sobriety, sanity, and his muse, resulting on the publication of The Great Gatsby a year later.

AUD RRP: \$54.99
Due Date: January 2023
Format: Hardback

ISBN-13: 9781493068036
Discount: Trade International
Size: 229 X 152
Pages: 256



The Rare Record Price Guide 2024



Shirley Ian

Launched in 1987 and published biannually - the *Rare Record Price Guide 2024* is the SEVENTEENTH edition of the World's most comprehensive guide to prices of UK releases from 1950 to the current day. Compiled by the expert staff and contributors of Record Collector the World's leading magazine in the field

OMNIBUS PRESS

AUD RRP: \$79.99
ISBN13: 9781916421936
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 1460



Deacon Blue: To Be Here Someday



English Paul

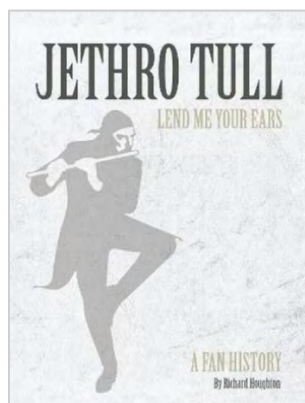
To Be Here Someday is Deacon Blue's first official book and features extensive interviews with Deacon Blue as well as key members of their crew over the past 35 years along with fans' memories of gigs, singles, and albums.

OMNIBUS PRESS

AUD RRP: \$61.99
ISBN13: 9781739582722
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 480
Size: 25 X 20
Illustrations: COLOUR SECTION(S)



Jethro Tull Lend Me Your Ears



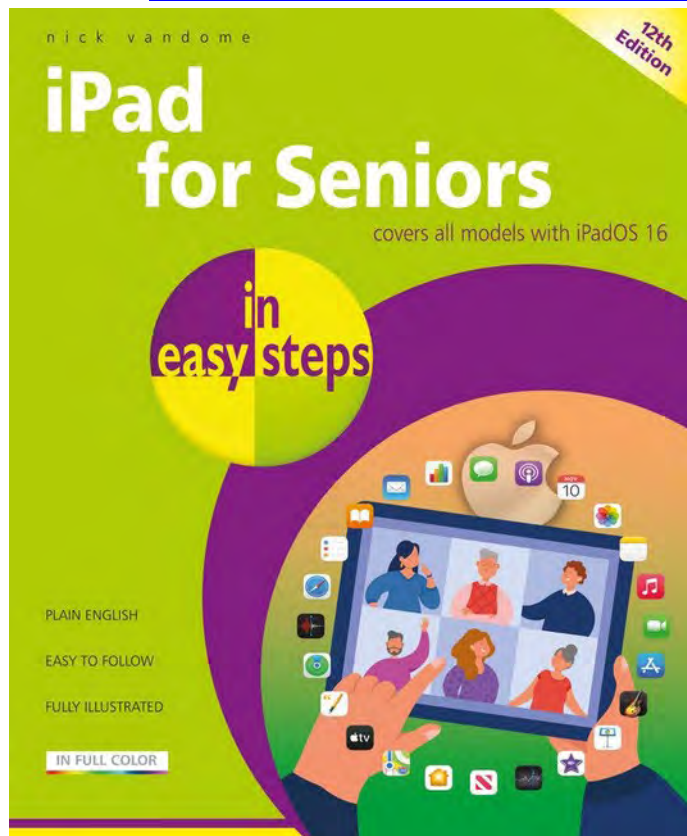
Houghton Richard

Lend Me Your Ears is an official oral history of Jethro Tull, mixing over 600 fan anecdotes with those of band members and other collaborators. The book also features never seen photographs, collectable memorabilia and fans pictures capturing their live performances.

OMNIBUS PRESS

AUD RRP: \$95.99
ISBN13: 9781919616582
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Hardback
Pages: 420
Size: 255 X 200
Illustrations: COLOUR SECTION(S)





iPad for Seniors in easy steps 12/e

Covers all models with iPadOS 16

By Vandome Nick

The iPad is a tablet computer that is stylish and versatile, and popular with all ages. iPad for Seniors in easy steps, 12th edition is updated to cover iPadOS 16.

Written in larger type, it'll help senior folks learn and enjoy the myriad of iPad features at ease:

- * Choose the right model for you; master Multitouch gestures; and customize the iPad for your needs.
- * Use your iPad to keep in touch with family and friends. Make video calls and send messages for free; take and share photos.
- * Shop and order food and more online; take a virtual tour of your favourite art galleries and museums; plan and book your trips.
- * Explore Focus, multitasking, App Library, and the new and enhanced features in iPadOS 16, and make the most of your new device! Presented in larger type for easier reading.

Author Bio:

Nick Vandome is an IT writer and trainer who specialises in digital lifestyle, digital imaging, and web-authoring. In Easy Steps books to his credit include top sellers such as Windows 11 in easy steps, Android Phones for Seniors in easy steps and Photoshop Elements in easy steps. Before he embarked on his successful career in writing computing books, he wrote books on working and travelling abroad. With this new City Guidebook series, he's now sharing his passion for travel and travel photography. He lives in Perth, UK.

AUD RRP: \$29.99

Due Date: January 2023

Format: Paperback

Illustration: Colour Section(S)

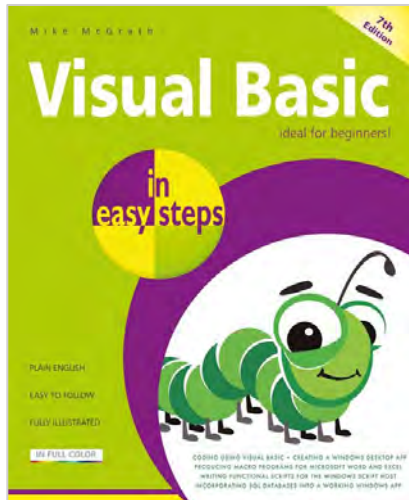
ISBN-13: 9781840789812

Discount: Trade International

Size: 227 X 186

Pages: 192





Visual Basic in easy steps

By McGrath Mike

Visual Basic in easy steps, 7th edition shows how to quickly create Windows applications using the latest free Visual Basic/Studio Community programming environment. This book provides code examples, screenshots, and step-by-step instructions that illustrate each aspect of Visual Basic.

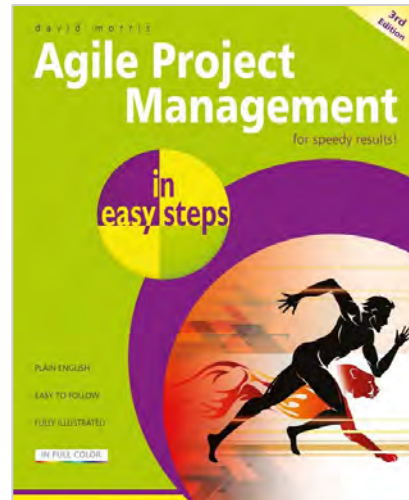
Visual Basic in easy steps, 7th edition begins by describing the Visual Studio Community installation process, then introduces form controls, application properties, the programming language, and problem-solving techniques. Next, the book illustrates by example, how to build and deploy a complete Windows application.

A chapter is devoted to scripting with Visual Basic. This first shows how to create “macros” for Word and Excel in Microsoft Office, using Visual Basic for Applications (VBA), then demonstrates how to manipulate files and data within the Windows operating system using VBScript.

Readers will learn how to incorporate external data into applications from text files, Excel spreadsheets, XML documents, live RSS web feeds, and SQL databases. Each chapter builds the reader’s knowledge of Visual Basic. By the end of this book, the reader will have gained a sound understanding of Visual Basic programming and be able to create their own interactive applications.

AUD RRP: \$29.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Section(S)

ISBN-13: 9781840789768
Discount: Trade International
Size: 227 X 186
Pages: 192



Agile Project Management in easy steps 3/e

By Morris David

This third edition of *Agile Project Management in easy steps* has been updated to reflect its ongoing evolution.

It explains the principles, practices, and processes of agile project management, by following an entire project, step-by-step, and covering the main activities and deliverables, including:

- * Pre-project foundations, project vision and the business case.
- * Ongoing discovery and definition of scope.
- * Iterative and incremental development.
- * Continual retrospectives and improvement.
- * Post-project close-down and benefits review.

Now with four new chapters:

- * The changes from the traditional role and responsibilities.
- * How to apply agile approaches to projects in more controlled environments.
- * How the role of project management changes in organizations moving from projects to continual flow and value streams.
- * Growing trends that project managers can benefit from today.

An essential guide for anyone new to agile projects and a valuable source of inspiration for the more experienced. Includes free downloadable templates to get readers started.

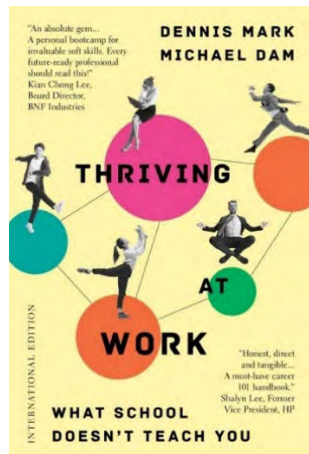
AUD RRP: \$29.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9781840789744
Discount: Trade International
Size: 227 X 186
Pages: 216





Thriving at Work (International Edition)



Dennis Mark and Michael Dam

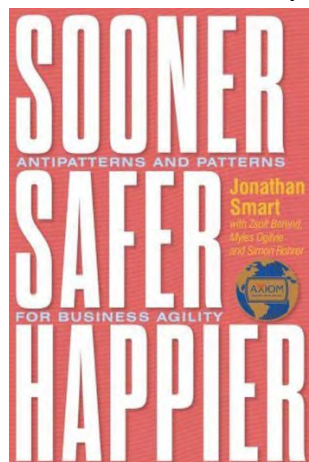
“Technical” skills + “Soft” skills = Work and Career Success! This book is for the young people who are beginning to dip their toes in the professional world as well as current professionals. It provides a proven roadmap to fast-track your career. In the increasingly global workplace of today, being conversant with international business culture is the key to success. *Thriving At Work* is a smart and practical guide full of real-world examples and expert advice. Here are skills that are not usually taught in school and can otherwise take years to learn – often the hard way! Chapters include: * How to Write a Compelling Resume, * How to Prepare for Interviews, * How to Run and Facilitate Meetings, * How to Understand and Use Business Idioms, * How to Handle Conflicts, * How to Ask for a Raise, * How to Work with Your Managers, * How to Handle Workplace Politics.

MARSHALL CAVENDISH

AUD RRP: \$34.99
ISBN13: 9789814974738
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 360
Size: 227 X 152
Illustrations: NOT ILLUSTRATED



Sooner Safer Happier



Smart Jonathan

It's no secret that we are living in the Digital Age. Technology companies make up seven of the world's ten largest firms by market capitalization. And the key to their success is the key to all modern organizations. Jonathan Smart, business agility practitioner, thought leader, and coach, reveals patterns and antipatterns to show how business leaders from every industry can help their organizations deliver better value sooner, safer, and happier through high levels of engagement, inclusion, and empowerment. Through his decades of experience in the technology world, Smart provides business leaders with a blueprint for creating a world-class organization of the future. Through Agile and Lean ways of working, business leaders can empower teams to improve production, grow together, and create better services for their customers.

IT REVOLUTION PRESS

AUD RRP: \$45.99
ISBN13: 9781950508419
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 400
Size: 229 X 152
Illustrations: COLOUR SECTION(S)



The Next Big Asian Brands



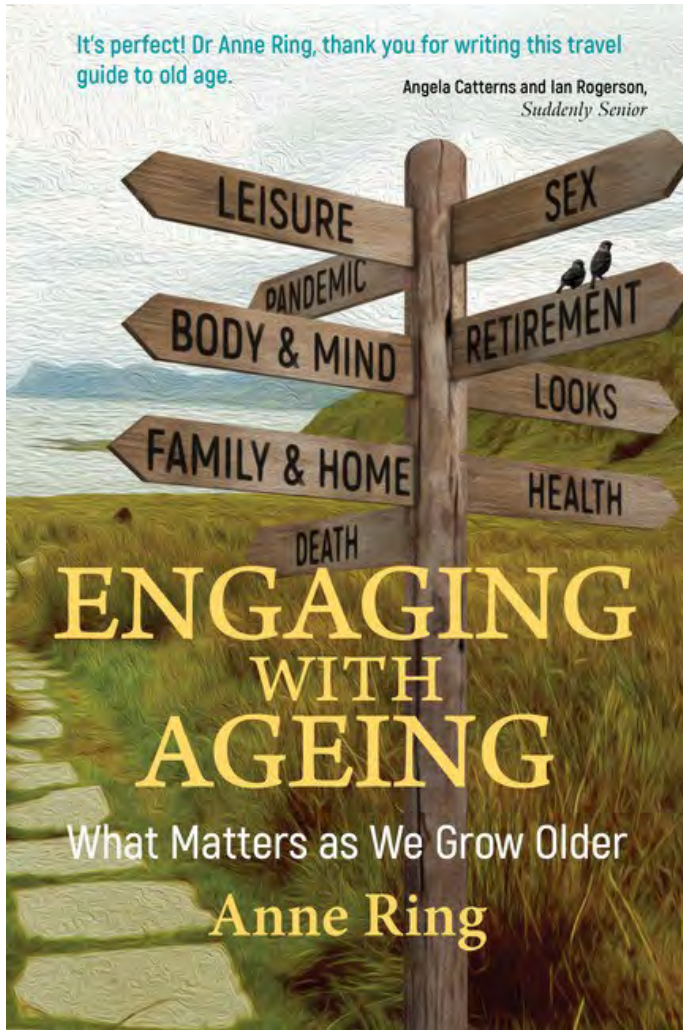
Dietzel Jorg

Alibaba, Samsung, Toyota – Asia is home to some of the world's biggest, most innovative, and most trusted brands. As the global economy undergoes massive disruption in the wake of Covid-19, what are the new brands emerging from the region? Which brands will be the next big thing? Take a deep dive into Asia's most promising brands, ranging from Korea's fast-expanding Go Pizza and Singapore's Kinobi edu-tech platform to Vietnam's automobile wunderkind, VinFast. Through wide-ranging interviews with the brands' founders and management teams, author Jörg Dietzel uncovers what makes each of them tick and distils invaluable lessons for every business out there looking to take off in the post-Covid world.

MARSHALL CAVENDISH

AUD RRP: \$27.99
ISBN13: 9789815009644
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 144
Size: 216 X 135
Illustrations: COLOUR THROUGHOUT





Engaging with Ageing

What Matters as We Grow Older

By Ring Anne

Key Sales Points:

- * Extensively researched and up to date.
- * Full of stories, quotes, and advice from people of all professions, passions, and stages of ageing.
- * Broken into easy-to-read sections, with Anne's Top Tips summarising key points of interest.

Publicity:

- * Part of the coverage in ABC TV for International Day of Older Persons (October 1st 2022).

“Most of us are loathe to address the realities of aging and dying, despite the wealth of evidence that satisfaction and serenity in late life are grounded in exactly that. Anne Ring to the rescue! Her accessible, meticulously researched, wide-ranging book is packed with science and stories about the positives and pitfalls of growing old. Readers will come away equipped to make the most of the years ahead, whatever they may hold.” - Ashton Applewhite, author of *This Chair Rocks: A Manifesto Against Ageism*.

Author Bio:

Anne Ring is an 80-year-old health sociologist who also has degrees in psychology and anthropology, and whose understanding of ageing matters comes from extensive experience both professionally and personally. Her PhD thesis in health sociology looked at 50 years of health, body image and ageing issues as they were presented in the popular media, and since then she’s continued writing extensively and being “old and happy about it”.

“Anne Ring has done us all a service by writing a really practical handbook which will not only help all of us age well but which also rebuts a host of false stereotypes about older people ... This book will help us all to have a better and more engaged quality of life as we age. It will also be invaluable to younger generations wanting to support cross generational solidarity and friendship.” - Robert Tickner AO, Co-Chair, EveryAGE Counts.



AUD RRP: \$34.95

Due Date: November 2022

Format: Paperback

Illustration: B&W Throughout

ISBN-13: 9781875684083

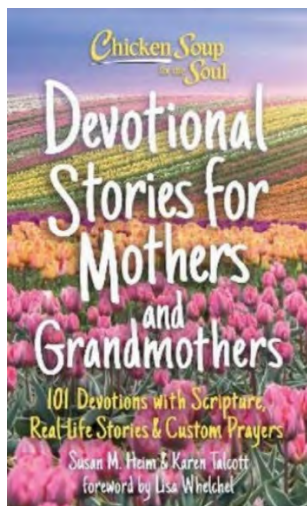
Discount: Trade Australian

Size: 230 X 153

Pages: 256



Chicken Soup for the Soul: Devotional Stories for Mothers and Grandmothers



Heim Susan

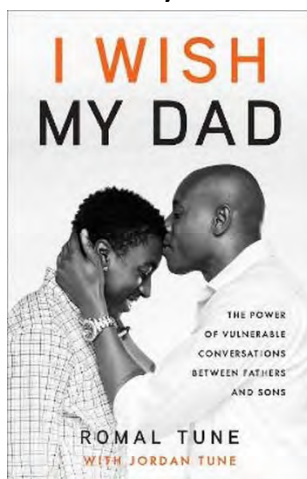
This beautiful hardcover edition of *Chicken Soup for the Soul: Devotional Stories for Mothers and Grandmothers* makes a great gift for yourself or someone you love. Enjoy these 101 unique, daily devotions, each with scripture, a true story, and a custom-written prayer! Enjoy 101 daily Christian devotions to comfort, encourage, and inspire you through the ups and downs of your life. Each devotion has a beautiful story that illustrates an inspirational Bible passage, followed by an original, personal prayer. There is an inspirational foreword from Lisa Welchel, best known for her long-standing role as "Blair" in the television series, *The Facts of Life*, and this special hardcover, gift edition includes two bonus devotions!

CHICKEN SOUP SOUL

AUD RRP: \$32.99
ISBN13: 9781611590968
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Hardback
Pages: 256
Size: 216 X 140



I Wish My Dad



Tune Romal

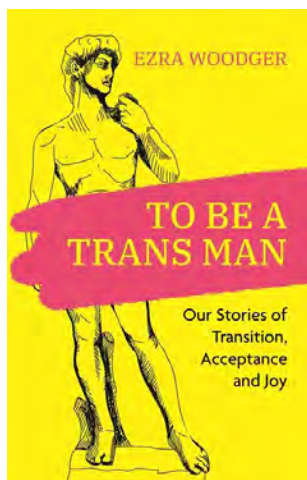
"*I Wish My Dad . . .*": what a simple way to start a sentence. But those four words hold the power to heal wounds men may not even know they carry. From author, speaker, and social entrepreneur Romal Tune and his son, Jordan, comes this tour de force for fathers and sons about healing the unfinished business between them. What do sons wish they had received from their fathers? What might honest, healing conversations between fathers and sons look like? Tune was raised mostly without a father. He and his dad connected briefly when he was a teenager, and then had no relationship for decades. After years of inner work via therapy and faith, Tune realized that neither he nor his dad possessed what they needed to live up to each other's expectations. He began to wonder if other men also longed to have vulnerable conversations with their fathers--about good memories, about pain, and about what their relationship could still become.

1517 MEDIA

AUD RRP: \$56.99
ISBN13: 9781506481579
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Hardback
Pages: 272
Size: 222 X 146



To Be A Trans Man



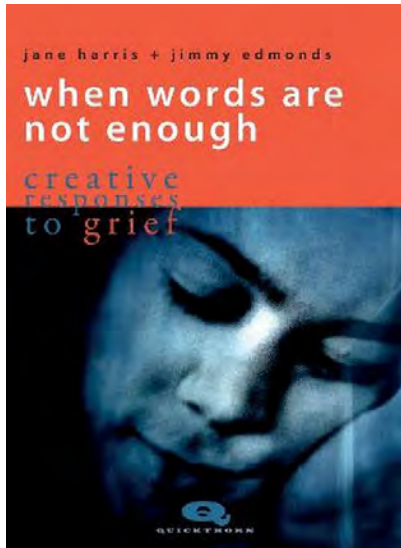
Woodger Ezra

Men in all stages of transition have come and gone from my life, and each one has been entirely different. It's difficult to feel as if you fail at being a man when you know there isn't a singular 'right' way to be one. In this illuminating and radically honest book, Ezra Woodger interviews trans men and transmasculine people to interrogate what masculinity is and what it means to be a man. Covering a wide range of topics, from dealing with judgement and expectations - both external and internal - to the experience of gender euphoria, finding a community and the growth and openness that trans-inclusive spaces can provide, the stories in this book highlight the power of being true to who you are. With contributions from trans men from across the UK and US, including Fox Fisher, Ezra Michel and many more, their words offer comfort, guidance and an important reminder of the joy and strength of existing as a trans man, regardless of how you look.

JESSICA KINGSLEY PUBLISHERS

AUD RRP: \$34.99
ISBN13: 9781787759602
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 192
Size: 216 X 138
Illustrations: B&W THROUGHOUT





When Words are not Enough

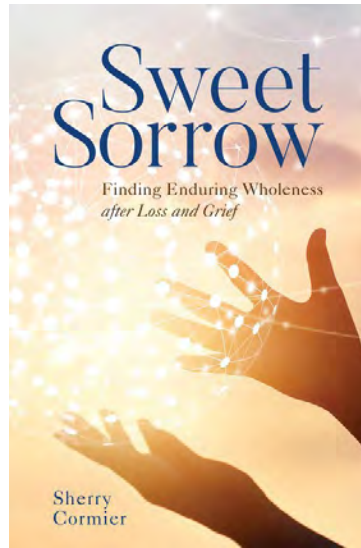
By Harris Jane
HAWTHORN PRESS



In *When Words are not Enough*, they reflect on their journey and how they have used their creativity to survive their grief and create a new relationship with their son Josh. *When Words are Not Enough* explores the many ways that bereaved families find to express their loss.

AUD RRP: \$58.99
Due Date: January 2023
Format: Paperback

ISBN-13: 9781912480579
Discount: Trade International
Size: 198 X 129
Pages: 112



Sweet Sorrow

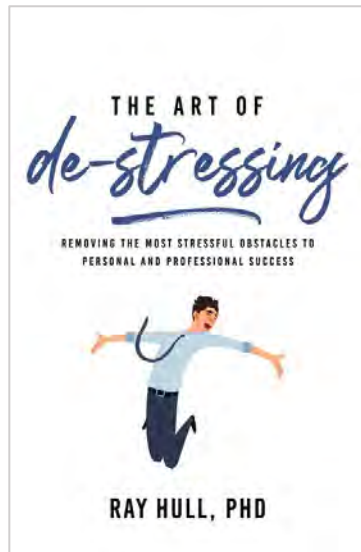
By Cormier Sherry
ROWMAN & LITTLEFIELD PUBLISHERS



Sweet Sorrow illustrates through story and example, grounded in psychological principles and practices, ways for grief survivors to start over, manage chaos and stress, and heal with new strategies. *Sweet Sorrow* also provides recommendations for self-care and guidelines for responding to those suffering from heartbreaking losses.

AUD RRP: \$38.99
Due Date: 19/10/2022
Format: Paperback

ISBN-13: 9781538173930
Discount: Trade International
Size: 229 X 152
Pages: 184



The Art of De-Stressing

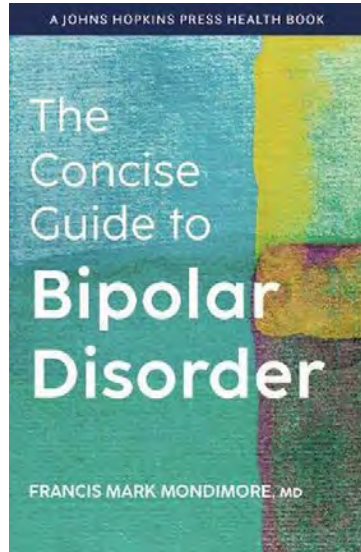
By Hull Ray
SOUND WISDOM



In *The Art of De-Stressing*, Ray Hull, PhD walks you through practical life lessons that will teach you how to manage anxiety, build confidence, and cope with stress. You will learn expert tools and strategies that will help you:

AUD RRP: \$24.99
Due Date: January 2023
Format: Paperback
Illustration: Not Illustrated

ISBN-13: 9781640953925
Discount: Trade International
Size: 216 X 140



The Concise Guide to Bipolar Disorder

By Mondimore Francis Mark
JOHNS HOPKINS UNIVERSITY PRESS



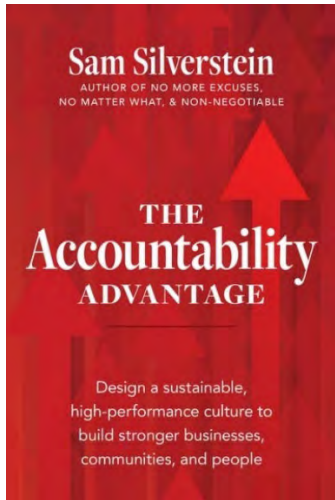
A concise, essential guide to living with bipolar disorder by an internationally known expert. Whether you yourself have been diagnosed, or a spouse, parent, child, friend, or employee has developed the illness, the need for information and advice is acute.

AUD RRP: \$45.99
Due Date: January 2023
Format: Paperback
Illustration: B&W Throughout

ISBN-13: 9781421444031
Discount: Trade International
Size: 216 X 140
Pages: 240



The Accountability Advantage



Silverstein Sam

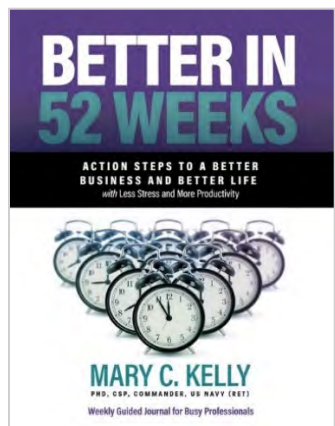
Does culture connect to your bottom line? Absolutely! At the end of the day, there are two kinds of leaders: those who do not get why it is vitally important to build and sustain an accountable culture and those who do. This book makes a compelling case for investing in an accountable workplace culture ... and offers a clear, five-step action plan for making it happen in your organization. Silverstein lays out the evidence that creating an inspired workplace culture based on accountability makes it possible for your organization to deliver steady, sustainable organizational growth in all the metrics that matter, including revenue. Powerful case studies confirm the real-world results in every one of these areas: This book is for you if you lead a company, a team, or any kind of professional alliance that can benefit from creating, sustaining, and protecting a strong workplace culture.

SOUND WISDOM

AUD RRP: \$24.99
ISBN13: 9781640953789
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Size: 229 X 152
Illustrations: NOT ILLUSTRATED



Better in 52 Weeks



Kelly Mary C.

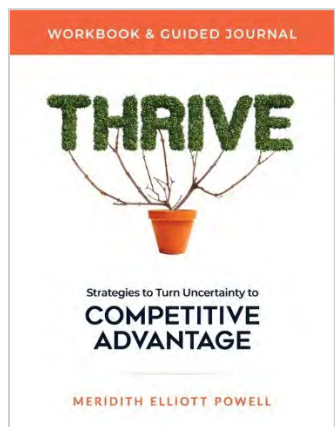
Decrease the overwhelm in pursuing individual achievement and business success and act with more confidence with Mary C. Kelly's weekly guided journal for busy professionals. Leaders and business professionals need quick solutions for common challenges--from boosting productivity, to improving sales and marketing, to enhancing strategic planning, to building stronger, more engaged teams. *Better in 52 Weeks* shares a year's worth of 5-Minute Business and Leadership Success Plans that will enable you to work smarter, plan better, and move your career or business forward and live a less stressful life! These 5-Minute Plans are the same ones that business coach and retired Navy commander Mary C. Kelly, PhD, CSP, uses with her executive clients to help their teams build a strong foundation for innovation, efficiency, and business growth.

SOUND WISDOM

AUD RRP: \$49.99
ISBN13: 9781640954175
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 160
Size: 279 X 216
Illustrations: NOT ILLUSTRATED



Thrive Workbook & Guided Journal



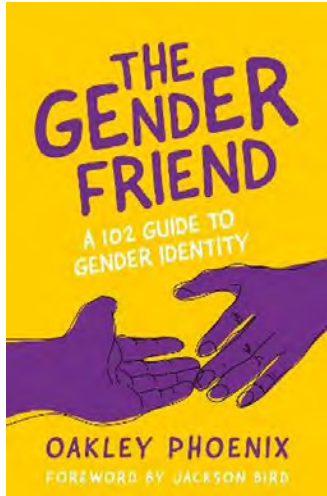
Powell Meridith Elliott

Get ready to flip the script on uncertainty. The activities, exercises, and questions within this workbook will take you on a journey to better understand uncertainty, its impact on your business and the customer experience, and the massive potential that exists in an uncertain marketplace. While uncertainty will remain one of the biggest challenges that leaders and organizations face today, our mission is to help you view uncertainty differently--to see uncertainty as something that does not prevent growth, but something that can propel it. As you complete these exercises, you will gain the solutions you need to push through your biggest obstacles, and you will acquire the strategies and tools you need to consistently turn uncertainty into your competitive advantage.

SOUND WISDOM

AUD RRP: \$48.99
ISBN13: 9781640954373
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Size: 279 X 216
Illustrations: NOT ILLUSTRATED





The Gender Friend

A 102 Guide to Gender Identity

By Phoenix Oakley

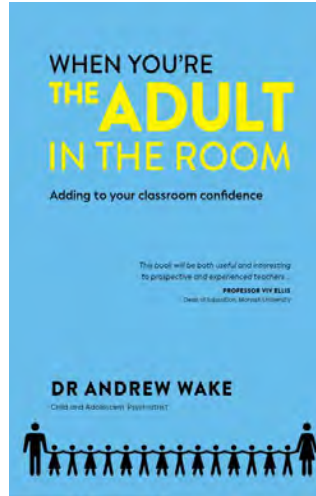
Key Sales Points:

* The definitive book for those looking to dig deeper and understand gender identity or their own gender journey.

If you lifted this book from the shelf, you're probably interested in learning more about gender. You could be in the earliest stages of questioning, newly out, well into your transition, or an ally hoping to receive some extra tips and tricks. No matter your starting point, you're in the right place. Moving beyond pronouns, the basics of social and physical transition and how to be a good ally, this definitive guide explores the ins and outs of gender - from affirming language, how to explore and question gender, coming out to parents, finding gender euphoria, supporting loved ones and yourself, and advice on what not to say - to help you understand the nuances of gender and the lived realities of trans people. With self-reflective exercises, personal anecdotes and example scenarios, this book will teach you the secrets to becoming the best gender ally you can be. Written by a young black queer trans adult, this empowering and contemporary guide is your 'gender friend' who is ready to actively listen, advise you as needed, and provide you with support as you grow as an ally, or approach the next steps in your own unique gender journey. Welcome to the gender book you've been waiting for.

AUD RRP: \$26.99
Due Date: January 2023
Format: Paperback
Illustration: B&W Throughout

ISBN-13: 9781839973574
Discount: Trade International
Size: 198 X 129
Pages: 144



When You're The Adult In The Room

Adding to your classroom confidence

By Wake Andrew

Key Sales Points:

* Recommended highly by leaders in the field, teachers, and welfare staff. * A book to give confidence to teachers in managing emotions and behaviours in the classroom.

Teaching the lesson is the easy bit. The hard bit is dealing with the confusing behaviours and emotions that can disrupt the classroom, sabotage lesson plans, and steal the joy and energy of even the most optimistic teacher. The challenges are numerous and varied: the unmotivated. Dr Andrew Wake is a child and adolescent psychiatrist, and for almost two decades he has worked with education staff to understand and better deal with the behavioural and emotional challenges that arise in a school setting. Using attachment theories, grief and disappointment concepts, neuro- science insights, and moral development ideas, he provides a variety of simple strategies that work to deal with unwanted events and help to change unwanted patterns. With easy-to-understand language, simple to remember approaches, and examples from real classrooms, *When You're the Adult in the Room* is essential reading for all new teachers and will benefit experienced educators who want to add to their understanding and confidence when dealing with the emotions and behaviours they encounter in their daily work.

AUD RRP: \$30.00
Due Date: 01/10/2022
Format: Paperback
Illustration: Not Illustrated

ISBN-13: 9780645595703
Discount: Trade Australian
Size: 230 X 155
Pages: 214



**Author Bio:**

Zaleha Kadir Olpin is most well-known for being a contestant in MasterChef UK Season 14, where her traditional chicken rendang was criticised by judges for not being crispy, causing her to be eliminated from the competition. Since then, Zaleha has gained tremendous support from foodies all over the world. Zaleha grew up in Malaysia and was taught to cook traditional Malaysian dishes by her mother from an early age. Today, Zaleha lives in Bristol, UK, with her husband and their youngest daughter, where she runs the successful Malaysian Kitchen UK with friends. Zaleha also teaches at a cookery school to share the tastes and flavours of Malaysian cuisine with others

My Rendang Isn't Crispy

And Other Favourite Malaysian Dishes

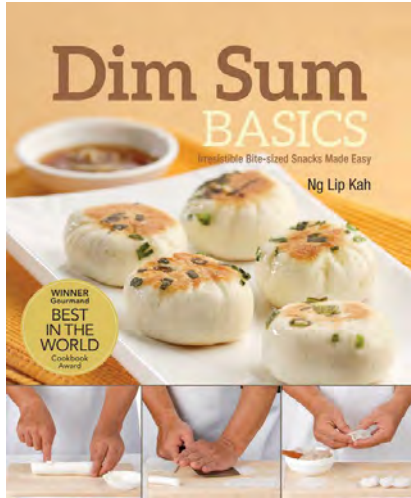
*By Oplin Zaleha Kadir***Key Sales Points:**

- * Written by popular Malaysian-born MasterChef UK contestant, Zaleha Kadir Olpin.
- * Features dishes prepared by Zaleha on the MasterChef UK show, as well as other favourite Malaysian dishes.
- * Includes step-by-step photos for processes which may not be familiar to those new to Asian cuisine.
- * A complete range of dishes for any occasion, from soups and starters, to mains, snacks and desserts.
- * With a foreword by Vicki Treadell, former British High Commissioner to Malaysia.

Take a culinary voyage through the vibrant flavours of Malaysia with MasterChef UK contestant, Zaleha Kadir Olpin, as she shares her favourite family recipes in this cookbook. Malaysian-born Zaleha pays tribute to dishes she grew up with, including laksam, a rolled rice noodle dish unique to the East Coast of Malaysia; nasi lemak, one of Malaysia's most iconic dishes; as well as chicken rendang, the controversial dish she prepared on the show. Other dishes include: * nasi goreng udang (prawn fried rice), * roti jala (lace crepes), * kari ikan mak (mum's fish curry), * ketupat sotong (Malaysian-style stuffed squid), * ayam golek (Malaysian-style roast chicken), * kerabu daging (beef salad), * karipap pusing (spiral curry puffs), * lempeng kelapa (coconut pancakes).

Mostly handed down from her mother and grandmother, Zaleha's recipes maintain traditional methods of cooking, but are suitable for use in the modern kitchen so you can experience Malaysian cuisine in all its authenticity. Zaleha also shares lessons she learnt growing up in a culinary family, with insights into the importance of food in Malaysian culture. Written from the heart, this book will appeal to anyone looking to expand their flavour repertoire or just wanting to dip their toes into the delightful world of Malaysian cooking.

AUD RRP: \$34.99**Due Date:** January 2023**Format:** Paperback**Illustration:** Colour Throughout**ISBN-13:** 9789815009859**Discount:** Trade International**Size:** 255 X 210**Pages:** 152**mc** Marshall Cavendish



**Dim Sum Basics
(New Edition)**

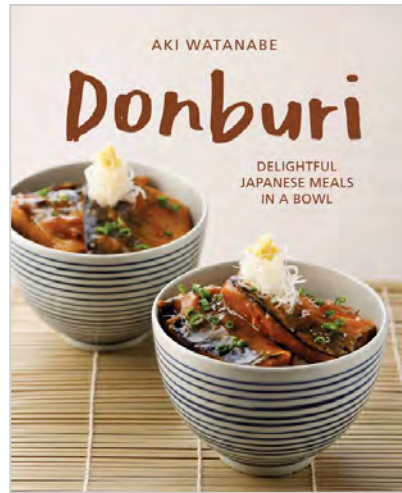
By Kah Ng Lip
MARSHALL CAVENDISH



Learn to prepare a wide variety of dim sum dishes at your own pace with the guidance of dim sum master, Chef Ng Lip Kah. In *Dim Sum Basics: Irresistible bite-sized snacks made easy*, Chef Ng demonstrates how to make all-time favourites as well as new creative treats such as siew mai, paper-wrapped chicken and egg tarts.

AUD RRP: \$32.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9789815044119
Discount: Trade International
Size: 255 X 210
Pages: 112



**Donburi
(New Edition)**

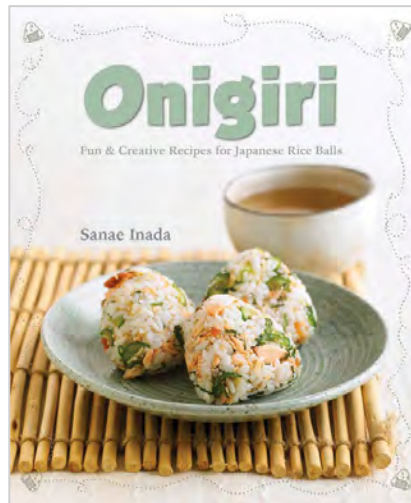
By Watanabe Aki
MARSHALL CAVENDISH



Donburi: Delightful Japanese Meals in a Bowl features the Japanese concept of serving simple yet tasty rice meals all in one bowl. With 50 home-style recipes for meat, seafood and vegetables, this handy and versatile collection of recipes from Chef Aki Watanabe offers a new and enjoyable way to put together everyday meals.

AUD RRP: \$32.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9789815044133
Discount: Trade International
Size: 255 X 210
Pages: 144



**Onigiri
(New Edition)**

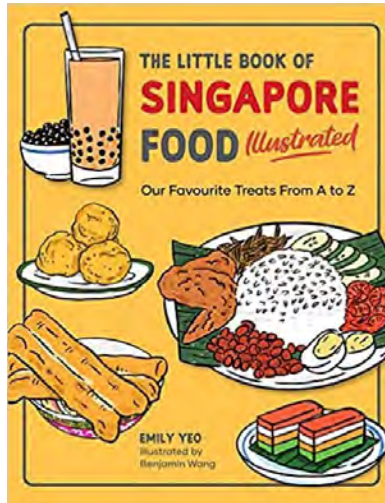
By Inada Sanae
MARSHALL CAVENDISH



One of Japan's favourite comfort foods, onigiri or rice balls are quick and easy to put together, nutritious, low in fat and, most importantly, delicious. This cookbook shows you how easy it is to prepare onigiri for any occasion, whether it is for a meal or a tasty snack to pack in your lunchbox.

AUD RRP: \$34.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9789815044126
Discount: Trade International
Size: 255 X 210
Pages: 136



**The Little Book of
Singapore Food
Illustrated**

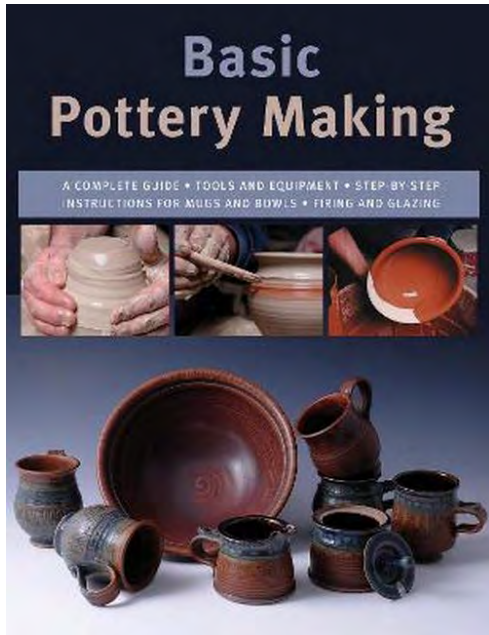
By Yeo Emily
MARSHALL CAVENDISH



The Little Book of Singapore Food Illustrated invites you to explore the colourful variety of food that makes up the Singaporean palate. Whether you're a food noob or enthusiast, this illustrated cookbook promises a quick, fun, and drool-worthy journey through some of the little island's most popular foods.

AUD RRP: \$29.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9789814868723
Discount: Trade International
Size: 245 X 180
Pages: 96



Basic Pottery Making

A Complete Guide

By Franz Linda

Learn the tools and techniques you need to start making ceramic mugs, bowls, and more!

Step-by-step instructions complete with color photographs. Includes a chapter on bisque firing, waxing, and glazing.

4 basic pottery projects for the beginning potter.

The art of pottery making is described in detail for the beginning potter.

Complete with a chapter on tools and materials to get started, this easy-to-use guide explains and illustrates how to wedge clay, use a pottery wheel, shape, and trim pots, determine clay thickness, add handles, and a host of other pottery-making techniques.

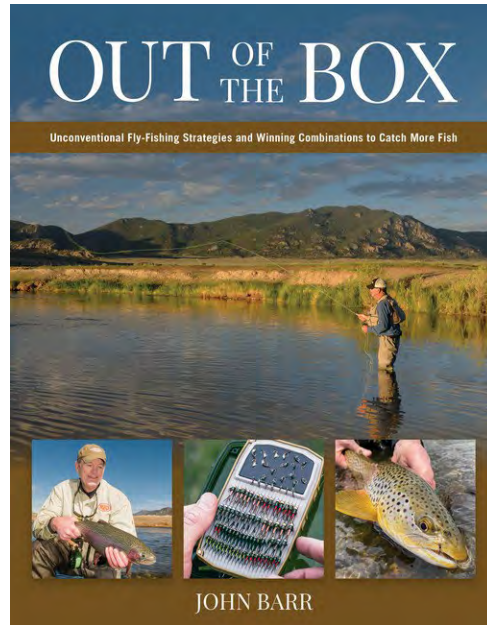
It also contains a chapter on bisque firing and glazing, the final steps in creating beautiful and functional pottery.

Includes complete instructions for making a large bowl, three styles of mugs, and a sugar bowl and creamer set.

AUD RRP: \$45.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Section(S)

ISBN-13: 9780811771375
Discount: Trade International
Size: 279 X 216
Pages: 144

STACKPOLE BOOKS



Out of the Box

Unconventional Fly-Fishing Strategies and Winning Combinations to Catch More Fish

By Barr John S.

In this book, expert fly designer John Barr covers his techniques for catching more fish, including trout and warmwater species such as bass.

His unconventional techniques include adapting tactics for bass and panfish for catching trout-and using trout techniques for warmwater species.

He covers his deadly technique of fishing multiple flies in detail and shares his favourite fly combinations for fishing the hatches, both in rivers and still waters.

Even if you're wise to the technique of fishing multiple flies to increase your chances of catching fish, John Barr takes that game to a whole new level in this book.

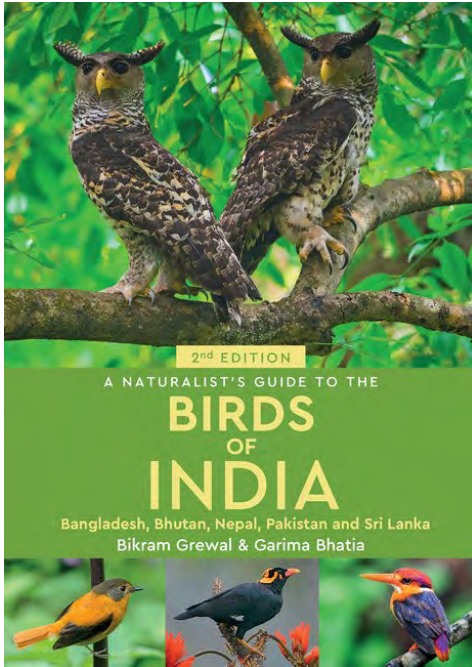
There are chapters on fishing all the major hatches, streamer fishing, fishing for warmwater species, lake fishing, as well as critical insights into the mental game that enables the top 10 percent of anglers to catch 90 percent of all the fish.

AUD RRP: \$72.99
Due Date: January 2023
Format: Hardback
Illustration: Colour Section(S)

ISBN-13: 9780811713023
Discount: Trade International
Size: 229 X 178
Pages: 224

STACKPOLE BOOKS





A Naturalist's Guide to the Birds of India 2/e

By Bikram Grewal and Dr. Garima Bhatia

A Naturalist's Guide to the Birds of India is a photographic identification guide to 280 bird species and 100 closely related species most seen in India.

Aimed at first-time birders, it is perfect for resident and visitor alike.

High quality photographs from one of India's top nature photographers are accompanied by detailed species descriptions, which include nomenclature, size, distribution, habits, and habitat.

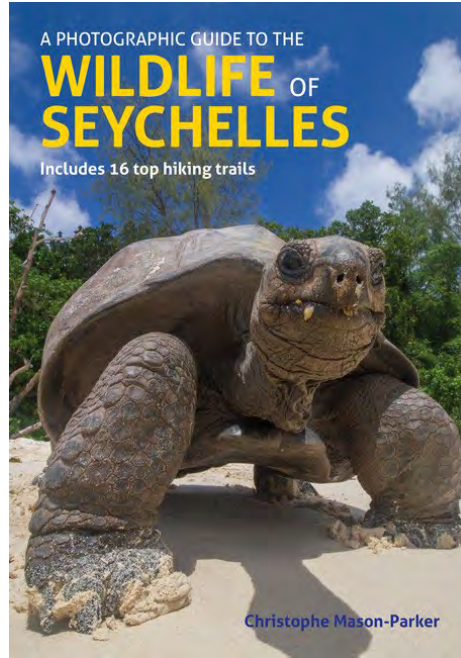
The user-friendly introduction covers geography and climate, vegetation, opportunities for naturalists and the main sites for viewing the listed species.

This new 2nd edition includes updated taxonomy and over 300 new images.

Also included is an all-important checklist of all the birds of India encompassing, for each species, its common and scientific name as well as its vernacular name, its status in each state as well as its global IUCN status.

AUD RRP: \$31.99
Due Date: October 2022
Format: Paperback
Illustration: Colour Section(S)

ISBN-13: 9781913679347
Discount: Trade International
Size: 180 X 128
Pages: 176



A Photographic Guide to the Wildlife of Seychelles

By Mason-Parker Christophe

A Photographic Guide to the Wildlife of Seychelles covers the inner and outer islands of the Seychelles archipelago and includes photographs of over 220 species of flora and fauna, including birds, mammals, butterflies and other insects, reptiles, amphibians, fish, molluscs, and crustaceans, with descriptions, information about where to find them, and their conservation status.

Although the Seychelles islands only amount to an area of 455 km2 and are spread across 115 islands in the Western Indian Ocean, they support a diverse catalogue of flowering plants, at least 100 of which are found nowhere else.

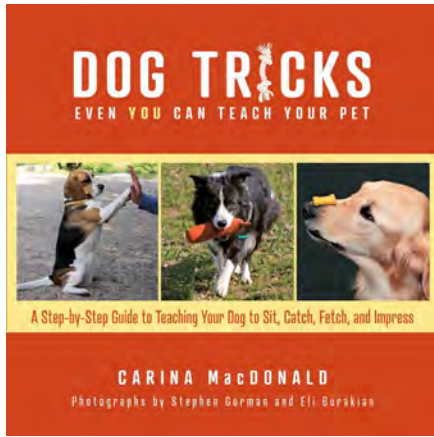
The introduction covers the geography, historical background, and climate of Seychelles, as well as travel practicalities.

The guide also features a selection of 16 of the best nature trails on Mahé, Praslin, Silhouette, La Digue, Curieuse, Aride and Cousin Islands, with route maps and details of what can be seen.

AUD RRP: \$49.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Section(S)

ISBN-13: 9781913679286
Discount: Trade International
Size: 192 X 135
Pages: 196





Dog Tricks Even You Can Teach Your Pet

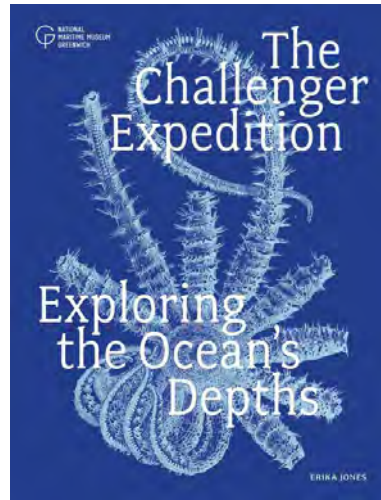
By MacDonald Carina
ROWMAN & LITTLEFIELD PUBLISHERS



Featuring 450 step-by-step, full-color photos, the book first establishes training basics, and then shows how to enhance core training sessions with classic tricks as well as advanced obedience games; agility training; jumping, retrieving, and digging tricks; flashy frisbee tricks--and useful tricks such as finding the remote retrieving the newspaper, and cornering the cat.

AUD RRP: \$47.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Section(S)

ISBN-13: 9781493069224
Discount: Trade International
Size: 203 X 203
Pages: 256



The Challenger Expedition

By Jones Erika
UNICORN PRESS



Published to mark the 150th anniversary of the launch of the Challenger expedition, *The Challenger Expedition: Exploring the Ocean's Depths* tells the story of the ground-breaking voyage that transformed our understanding of the deep sea.

AUD RRP: \$61.99
Due Date: January 2023
Format: Hardback
Illustration: Colour Section(S)

ISBN-13: 9781906367978
Discount: Trade International
Size: 246 X 189
Pages: 256



Mars

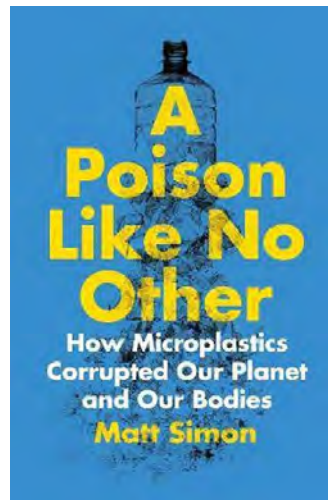
By Skelton Patricia
UNICORN PRESS



No other planet in our Solar System has fascinated humankind more than Mars. What is it about this dusty, dry world that has captured our imaginations and driven us to explore it? Learn about the space missions that have transformed our understanding of Mars.

AUD RRP: \$26.99
Due Date: January 2023
Format: Paperback
Illustration: Colour Section(S)

ISBN-13: 9781906367947
Discount: Trade International
Size: 178 X 109
Pages: 128



A Poison Like No Other

By Simon Matt
ISLAND PRESS

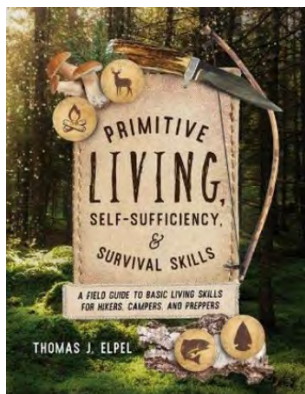


It's falling from the sky and in the air we breathe. It's in our food, our clothes, and our homes. It's microplastic and it's everywhere--including our own bodies. Scientists are just beginning to discover how these tiny particles threaten health, but the studies are alarming.

AUD RRP: \$56.99
Due Date: January 2023
Format: Hardback

ISBN-13: 9781642832358
Discount: Trade International
Size: 229 X 152
Pages: 224

Primitive Living, Self-Sufficiency, and Survival Skills



Elpel Thomas

In *Primitive Living, Self-Sufficiency, and Survival Skills*, author Thomas J. Elpel shows how to discover nature by using it with the same techniques employed by the first people to wander the earth. Illustrated with over 350 photographs, he thoroughly describes every aspect of how to:

- * Stay warm and comfortable even without a blanket,
- * Start a fire using friction,
- * Make bows and bone arrowheads,
- * Butcher a deer, tan the hide, and make soft buckskin clothing,
- * Identify edible plants of the Rocky Mountains,
- * Cook in the wild without a pan,
- * Make birch bark canisters, willow baskets, and primitive pottery,
- * Create and use simple stone knives.

Primitive Living, Self-Sufficiency, and Survival Skills includes dozens of skills and techniques that anyone can learn to meet the needs of clothing, shelter, fire, and water. It is a must read for any serious outdoorsperson.

ROWMAN & LITTLEFIELD PUBLISHERS

AUD RRP: \$40.99

ISBN13: 9781493069286

Due Date: 01/10/2022

Discount: TRADE INTERNATIONAL

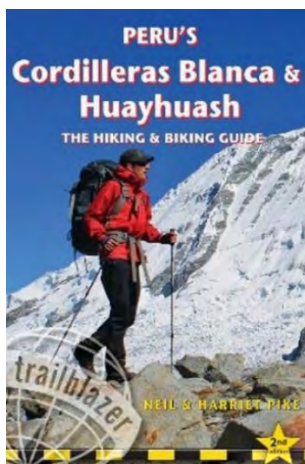
Format: Paperback

Pages: 208

Illustrations: B&W THROUGHOUT



Peru's Cordilleras Blanc & Huayhuash - The Hiking & Biking Guide



Pike Neil

Practical guide to hiking and cycling in northern Peru, with 60 detailed route maps, and descriptions covering 20 hiking trails and more than 30 days of paved and dirt track cycling. Trekking, cycling, mountain biking. Lima, Huaraz and gateway towns - hotels, restaurants, what to see, street plans.

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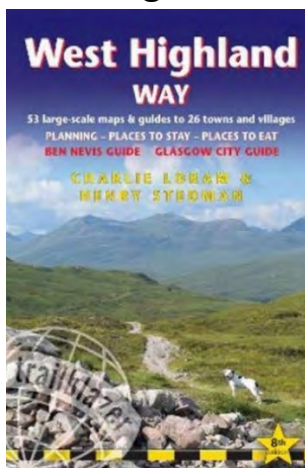
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All-in-one guide to planning and walking the West Highland Way in Scotland. 53 trail maps, town plans, stage maps, trail profiles, overview maps. Planning, places to stay, places to eat, what to see.

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Marigold and Rose

CARCANET PRESS



Gluck Louise

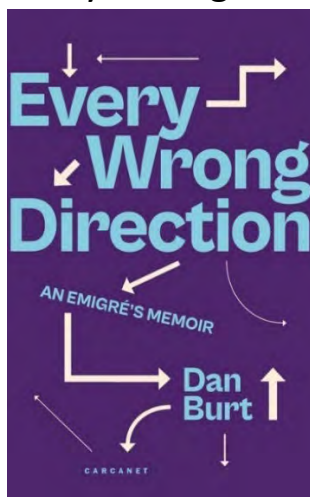
Awarded the Nobel Prize for Literature in 2020, for 'her unmistakable poetic voice that with austere beauty makes individual existence universal', Louise Glück takes a new direction in a fable which returns to essential questions, of identity and belonging, of desire and the creative impulse. The twins, Marigold, and Rose, in their first year, begin to piece together the world as they move between Mother's stories of 'Long, long ago' and Father's 'Once upon a time'. Impressions, repeated, begin to make sense. The rituals of bathing and burping are experienced differently by each. The story is about beginnings, each of which is an ending of what has come before. There is comedy in the progression, the stages of recognition, and in the ironic anachronisms which keep the babies alert, surprised, prescient and resigned. Charming, resonant, written with Glück's characteristic poise and curiosity, Marigold and Rose unfold as a new kind of creation myth.

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Every Wrong Direction

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Burt Dan

The personal-political memoir of a lawyer and businessman turned writer, an American emigre who never found a home in America.

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Draycott Jane

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Abandoned at Fossil Bluff



Tim Bowden and Rod Ledingham

In the summer of 1967-68 Rod Ledingham was on a mapping high on the Antarctic plateau, driving a sledge dog team. He had been flown in by a light aircraft to take over the other dog team, but after their field work had ended, the aircraft crashed on take-off, fortunately with no casualties to the men or dogs. With no replacement aircraft available, and communications basic to say the least, the pilot and his two passengers had to use the sledge dogs to sledge 200 km along the plateau and down a glacier which had only been travelled once before to a small hut at Fossil Bluff on the coast, where two other BAS personnel were waiting to be flown out. So began a year of basic survival, with five men in a hut designed for four, minimal fuel for heating, no extra clothing and barely enough food. Fully illustrated in colour throughout.

ETT IMPRINT

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AUSTRALIAN

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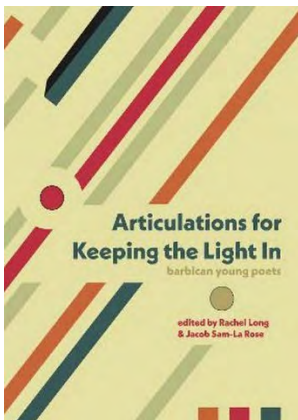
Pages: 66

Size: 256 X 130

Illustrations: COLOUR SECTION(S)



Articulations for Keeping the Light In



Ahmed Oshanti

For more than a decade, the Barbican Young Poets programme has served as a base for experimentation, creative development, and an ever-extending community of poetic practice. Inaugurating a collaboration between Barbican Young Poets and flipped eye publishing, ARTICULATIONS FOR KEEPING THE LIGHT IN collects and celebrates work produced by poets of the 2022 cohort. In a dazzling array of poetics and forms, ranging from the mechanics of crossword puzzles, erasure and language to techno inflected sensuality, prayer and the personal dynamics of light, these poems continue to extend the legacy the programme has established and showcase the potency and integrity of contemporary poetry.

FLIPPED EYE

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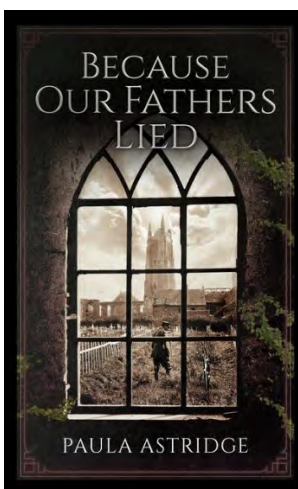
Format: Paperback

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Because Our Fathers Lied



Astridge Paula

They called the Second Boer War, the Forgotten War, but it wasn't by those who fought it. The Australian soldiers who survived its savagery hardly had a chance to draw breath before they were called upon again to sacrifice themselves in WW1. This story is taken from the viewpoint of four friends – arguably Australia's and the Allied Forces' greatest generals: John Monash, Brudenell White, Harry Chauvel and Spencer Browne. It is an up-close account of all they saw and suffered due to the blunders of British officers who made their work all the harder by way of bad commands. Among them were a host of famous names like Kitchener, Haig and Winston Churchill, some of whom never learned their lesson, while the one who was initially blamed for the horrors of Gallipoli later shaped up well. This book looks at the worst of battles and the most wonderful acts of courage during them. It has been written in homage to all those who fought to forge Australia into a great nation.

ASTRIDGE BAD HAND

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Format: Paperback

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The History of Gothic Fashion

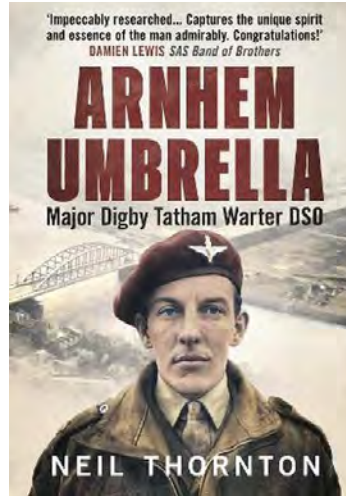
By *Godman*
UNICORN PRESS



From the ancient barbarians responsible for the fall of Rome, to the black-lipped teenager updating their Instagram from a graveyard, Goths have been with us for a long time. Ideas about what is Gothic have changed and mutated, but a fascination with the dark and dramatic has remained a constant. A History of Gothic Fashion charts Gothic dress from its ancient and medieval origins.

AUD RRP: \$76.99
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Size: 240 X 196
Pages: 224



Arnhem Umbrella

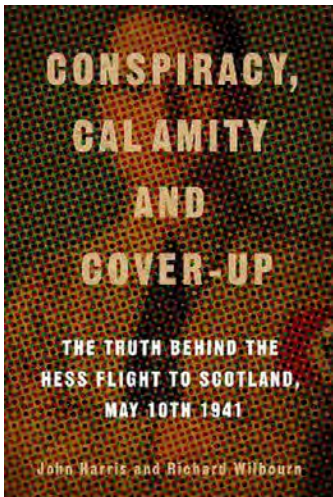
By *Thornton Neil*
FONTHILL



Major Digby Tatham Warter, the major who fought at Arnhem with umbrella and bowler hat, led a remarkable life. Known for his eccentric nature and bravery in battle, he played a prominent part in the ill-fated Operation Market Garden. Escaping from captivity, he devised a miraculous withdrawal through enemy lines before moving to Kenya.

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Illustration: Colour Section(S)

ISBN-13: 9781781558829
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Size: 234 X 156
Pages: 304



Conspiracy, Calamity and Cover-up

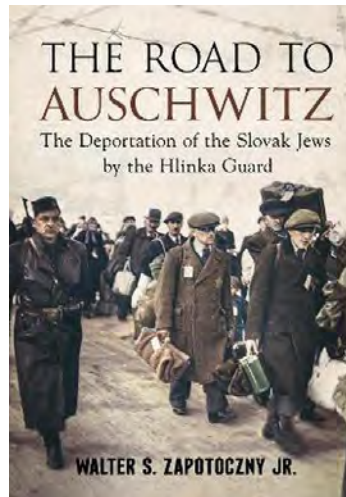
By *Harris John*
UNICORN PRESS



The Hess affair requires an understanding of a variety of disciplines and practices: Wartime aviation, political history, and human psychology to name but three. Harris and Wilbourn have over an extended period tried to learn as much as possible about all relevant aspects of what is in concert a complicated subject.

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Road To Auschwitz

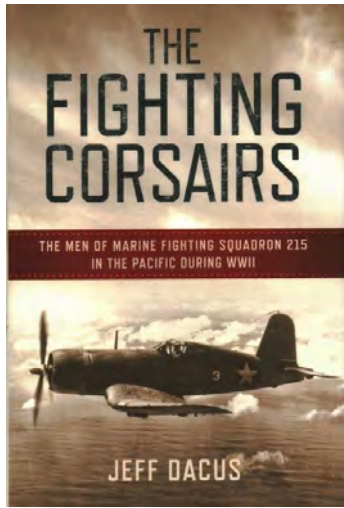
By *Zapotoczny W.*
FONTHILL



The holocaust began for the Slovak Jews in the autumn of 1938 when Slovakia became an autonomous region. Jewish property was confiscated, and businesses liquidated at bargain prices all to Aryanise the country. Hlinka Guards were used to do the dirty work, killing suspect Roma rebels un front of wives and children.

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Format: Hardback

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The Fighting Corsairs

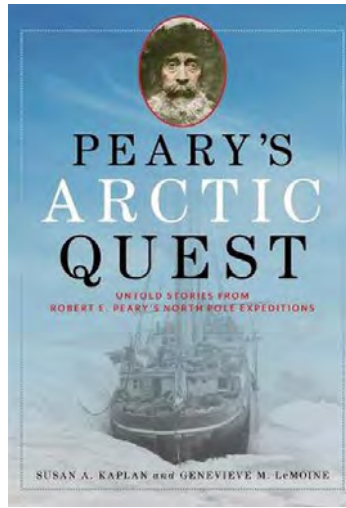
By Dacus Jeff
ROWMAN & LITTLEFIELD
PUBLISHERS



From historian and columnist in Leatherneck and Armor magazines, this is the exciting, personal account of a Marine fighter squadron in the South Pacific during the critical days of 1943 when the tide turned against the Japanese.

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Peary's Arctic Quest

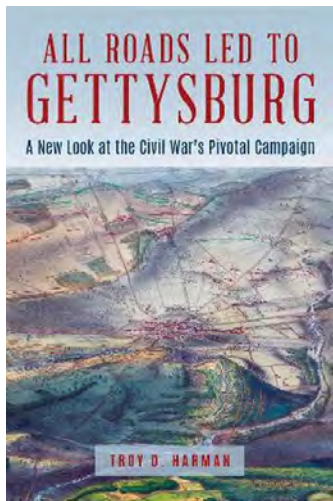
By Kaplan Susan
ROWMAN & LITTLEFIELD
PUBLISHERS



Filled with artifacts, drawings, maps, and historical photographs from the Peary MacMillan Arctic Museum collections, Peary's Arctic Quest provides a richly illustrated overview of Robert Peary's quest to reach the North Pole.

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All Roads Led to Gettysburg

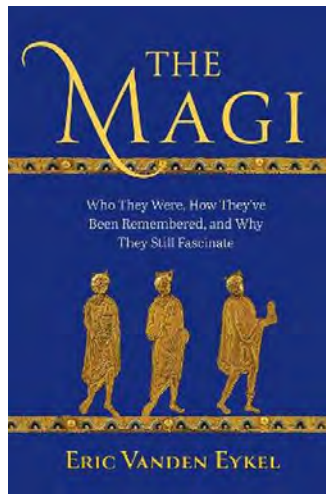
By Harman Troy D.
ROWMAN & LITTLEFIELD
PUBLISHERS



Gettysburg Ranger and historian Troy Harman reframes the story of the Battle of Gettysburg from the historical view that it was an "accidental" battle to show that it was instead a logical and strategic clash, based on his years of researching the Civil War and studying the terrain of Gettysburg, south-central Pennsylvania, and northern Maryland.

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The Magi

By Vanden Eykel Eric
1517 MEDIA



The Magi examines the Magi story, its enrichments and expansions in apocryphal writing and early Christian preaching, its artistic expressions, and its modern legacy in writing and music. The book explores the fascination the Magi story elicits in both ancient and modern readers and what the legacy tells us about its storytellers--and ourselves.

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A spiritual study of nature, earth and humanity. Karsten Massei reveals how we can unite with nature, supporting our inner development and everyday lives.

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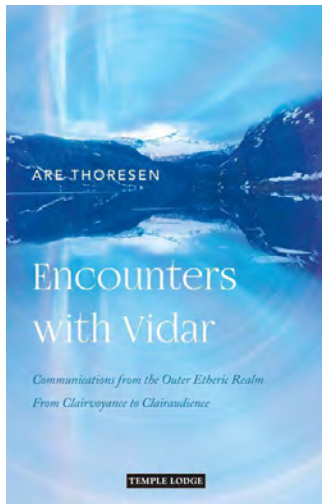
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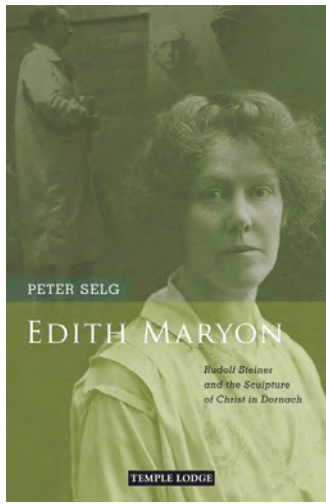
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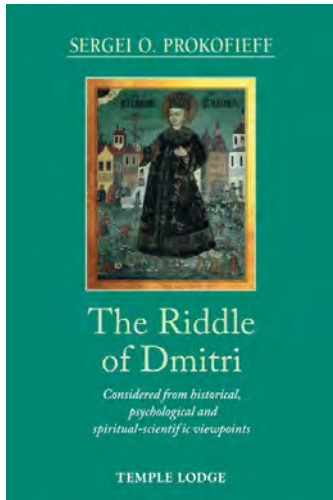
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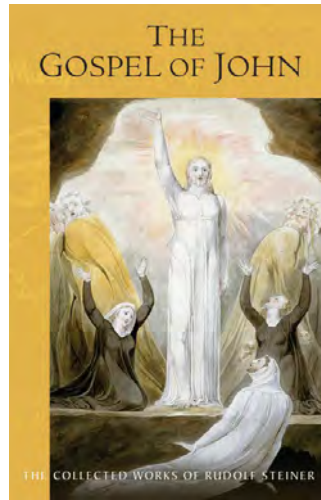
By Prokofieff Sergei O.
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An historical, psychological, and spiritual-scientific study of Dmitri, son of Ivan the Terrible. Steiner emphasized that the most important thing was to discover what was to have been achieved through him.

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The Gospel of John (Cw 103)

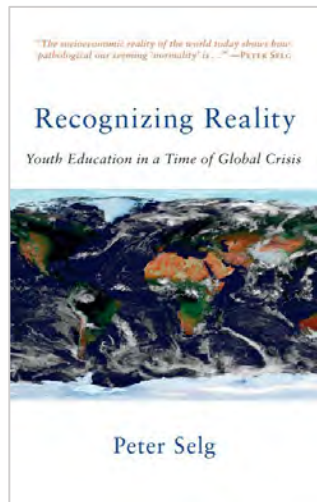
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In these twelve profound lectures, Rudolf Steiner uncovers and reclaims the essential truths of Christianity, illuminating the Gospel of John in all its majesty, power, and far-reaching significance.

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Recognizing Reality

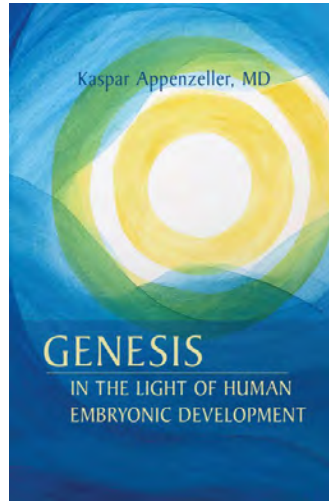
By Selg Peter
STEINER BOOKS INC



Recognizing Reality is a clarion call for broader perspectives in a time of global crisis, for a differentiated understanding of current events, especially Covid, and for a deepening of dialogue, in Martin Buber's sense of the word.

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Genesis in the Light of Human Embryonic Development

By Appenzeller Kaspar
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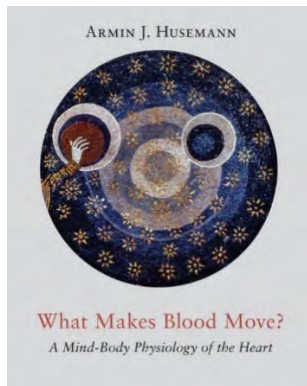
The author based this book on the insights of Rudolf Steiner and penetrated the primal forces of human development in new ways. Steiner was able to understand documents based on ancient mystery wisdom, which confirms the knowledge he gained through independent clairvoyant research without reference to documents.

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What Makes Blood Move?



Husemann Armin J.

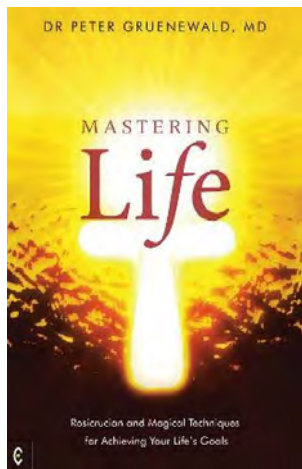
To recast modern science as a science of the human being, to change the paradigm with which we perceive and understand life in all its attributes, including the physical human body, is and will be a mighty task for some time to come. Perhaps the most obvious, and weakest pillar of the view of the human being as a kind of machine, is the metaphoric assumption, seemingly beyond questioning, that the human heart functions as a pump. In this book, Dr. Armin Husemann approaches the activity of the human heart and the blood that moves from a perspective grounded in the spirit and practice of natural science, but unbiased by either received truths or conventional dogma. What does it look like to approach the phenomena of beating heart and flowing blood from a wholistic perspective?

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Mastering Life



Gruenewald MD Dr Peter

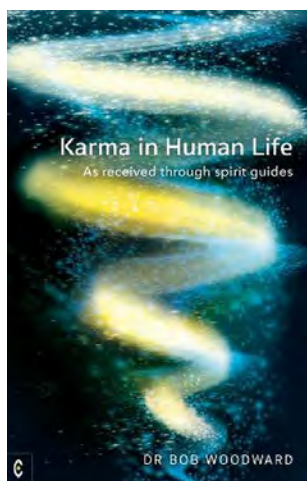
How can we best achieve our personal goals - not just to benefit ourselves but also our loved ones and wider communities? *Mastering Life* introduces comprehensive and effective methods to transform the self, enhanced by the meditative use of magical symbols and sacred words. These help us identify our aspirations, combining goal contemplation, visualization, and meditation techniques. Through these processes, we can gain control over spiritual forces that work within our destiny, attracting favourable outer circumstances in everyday life. Dr Gruenewald offers a set a practical tool: * A spiritual symbol and mantra for meditation that can enhance our capacity to manifest harmonic goals. * Contemplation - courageous conversation with our resourceful self - to enrich imagination and willpower.

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Karma in Human Life



Woodward Bob

Whilst the concept of karma is derived from ancient Eastern religious tradition, the word is very much part of contemporary vocabulary. We speak of karma in the sense of individuals getting 'what they deserve' - usually in a negative sense. But is karma a retributive law or is it based on healing and love? In his latest thought-provoking work, Dr Bob Woodward investigates such issues in conversation with his spirit guides. Beginning with the most basic question, 'What is karma?', they discuss how this law of destiny relates to illness, human freedom, relationships, and individual development - but also to major crises on the world stage, such as the coronavirus pandemic, wars and conflict, global warming, and climate change. They also examine how such key matters might relate to 'world karma' rather than personal destiny. --- Bob's spiritual guides speak of the law of karma as being, '...filled with compassion. It is not a law which makes people or beings subservient to some almighty and dictatorial power.

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9781786285874	Dellow Sarah	Now You See It! Meadow	CHD	12.95	A	
9781786285867	Dellow Sarah	Now You See It! Ocean	CHD	12.95	A	
9781786285843	Dellow Sarah	Now You See It! Rainforest	CHD	12.95	A	
9781786285850	Dellow Sarah	Now You See It! River	CHD	12.95	A	
9781786286147	Richard O'Neill and Illust. by Cindy Kan	The Can Caravan (Travellers' Tales)	CHD	14.95	A	
9781786285621	Sharland Sam	Valentine's Guest House (PB)	CHD	14.95	A	
9781786285638	Sharland Sam	Valentine's Guest House (HB)	CHD	26.95	A	
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9781922358639	Pho Yann and Illust. by Annelies Billeter	Spring Rolls and Vegemite Sandwiches	LST	26.95	A	
9781922833853	Aimee Chan and Illust. by Sepide Rahimi	The Champion's Trophy	LST	25.00	A	
9781922833983	Hazel Lekkas and Illust. by Dasha Riley	The Little Hardware Shop	LST	16.95	A	
9781922833754	Jenna Moss, Tahnee Rolfe and Illust. by Isabel Lozano	The Magic Heart	LST	16.95	A	
9781922833686	Pat Clarke and Illust. by Graeme Compton	In Search of Goonooabee	LST	26.95	A	
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9781938492532	Wissinger Mary	Women in Engineering	N25	25.99	E	
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9781506482866	Wellins Candy	Mabel's Topsy-Turvy Homes	15M	36.99	E	
9781839977039	Gibbs Camille	A Sky of Diamonds	JKP	28.99	E	
9781506469935	Borgert-Spaniol Megan	Pause, Breathe, Be	15M	37.99	E	
9781433840203	Sanders Rob	The Mother of a Movement	PY2	32.99	E	
9781780667751	Nicholl Lyanne	Your Postnatal Body	PIN	36.99	E	

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Kids & Parenting

NEW RELEASE TITLES



OVER THE PAGE



Australia's Most Dangerous Quiz and Activity Book

By Australian Geographic

An engaging quiz book on anything dangerous in Australia.

AUD RRP: \$14.99

Due Date: December 2022

Format: Paperback

Illustration: Colour Throughout

ISBN-13: 9781922388544

Discount: Trade Australian

Size: 265 X 205

Pages: 64

Australian GEOGRAPHIC



DANGEROUS FACTS!

VENOMOUS SPURS
The platypus is one of only a few mammal species that produces venom. Adult males have heel spurs, and during mating season, connected venom sacs grow, so they can strike and incapacitate their rivals. If humans are stabbed with a venomous spur, while not fatal, it can cause debilitating pain, muscle wasting, nausea, and even permanent injury around the area of contact.

STINGERS
Bee stings are painful, and most of us will be stung at least once in our life. But a person who is allergic to bee venom can develop symptoms of anaphylactic shock within minutes of being stung. Their airways will swell and become blocked, while their blood pressure will drop dramatically. Scarily, without medical attention they can die.

MURDEROUS SNAILS
Cone snails look like pretty sea creatures, but they have one of the world's most painful and fatal stings. They fire a harpoon-like barbed dart coated with venom, which can cause muscle paralysis and respiratory failure. You don't want to meet one of those!

KILLER CROCS!
Each year, one or two people are killed by crocodiles in northern Australia, along with up to 10 non-fatal attacks. When they strike a large animal, such as a human, crocodiles usually grab the head or a limb and then roll with them in the water. This will either break the target's neck, or draw it. Although they might start off seeming harmless – croc babies are just 25cm long when they hatch – males can grow to more than 6m long and weigh a tonne. There are even reports of crocs up to 8m long!

3

Sinister CITIES

Crime, car crashes and copperhead snakes – there are plenty of dangers in our urban centres. Is it safe to venture out?

1 In 2022, which were Australia's most dangerous cities, according to an international crime index?
 a) Darwin, Cairns and Rockhampton.
 b) Brisbane, Geelong and Newcastle.
 c) Broome, Bendigo and Fremantle.

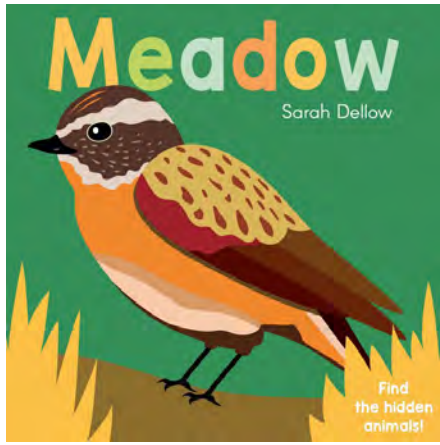
2 And which were the safest places?
 a) Hobart, Darwin and Parramatta.
 b) Sydney, Melbourne and Adelaide.
 c) Perth, Brisbane and Melbourne.

3 In 2022, Australia Post revealed that more than 1100 posties had been injured in the past year in this way alone. How were they getting hurt?
 a) Unsafe construction work.
 b) Dog bites.
 c) Being knocked off their bikes.

4 The same year, a 69-year-old female golfer was attacked by an animal on a fairway on a course on the Gold Coast. She suffered serious cuts to her face, arms and legs. What sort of animal was it?
 a) Kangaroo.
 b) Cassowary.
 c) Bat.

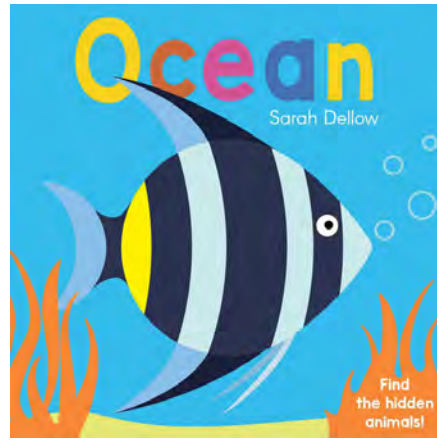
5 A nine-year-old boy in Brighton, Tasmania, was shocked when he found a venomous lowland copperhead snake in his bed in March 2022. How had it got there?
 a) It was inside a toy bunny he'd won at a fair.

10



**Now You See It!
Meadow**

By Dellow Sarah
CHILD'S PLAY
Age Range: 3 years



**Now You See It!
Ocean**

By Dellow Sarah
CHILD'S PLAY
Age Range: 3 years



Early readers will love discovering the animals hidden in this book. Just turn each page to make the vibrant patterns come to life! Perfect for developing early perception skills, stimulating the imagination - and simply having fun!

Early readers will love discovering the animals hidden in this book. Just turn each page to make the vibrant patterns come to life! Perfect for developing early perception skills, stimulating the imagination - and simply having fun!

AUD RRP: \$12.95
Due Date: December 2022
Format: Board book
Illustration: Colour Throughout

ISBN-13: 9781786285874
Discount: Trade Australian
Size: 180 X 180
Pages: 16

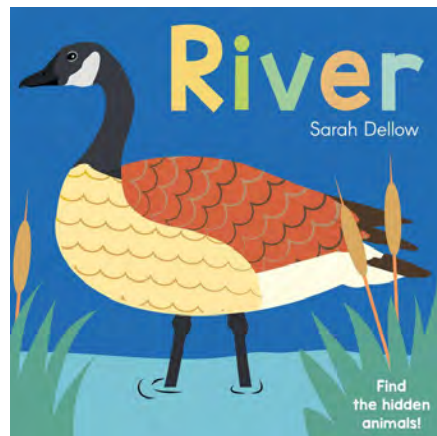
AUD RRP: \$12.95
Due Date: December 2022
Format: Board book
Illustration: Colour Throughout

ISBN-13: 9781786285867
Discount: Trade Australian
Size: 180 X 180
Pages: 16



**Now You See It!
Rainforest**

By Dellow Sarah
CHILD'S PLAY
Age Range: 3 years



**Now You See It!
River**

By Dellow Sarah
CHILD'S PLAY
Age Range: 3 years



Early readers will love discovering the animals hidden in this book. Just turn each page to make the vibrant patterns come to life! Perfect for developing early perception skills, stimulating the imagination - and simply having fun!

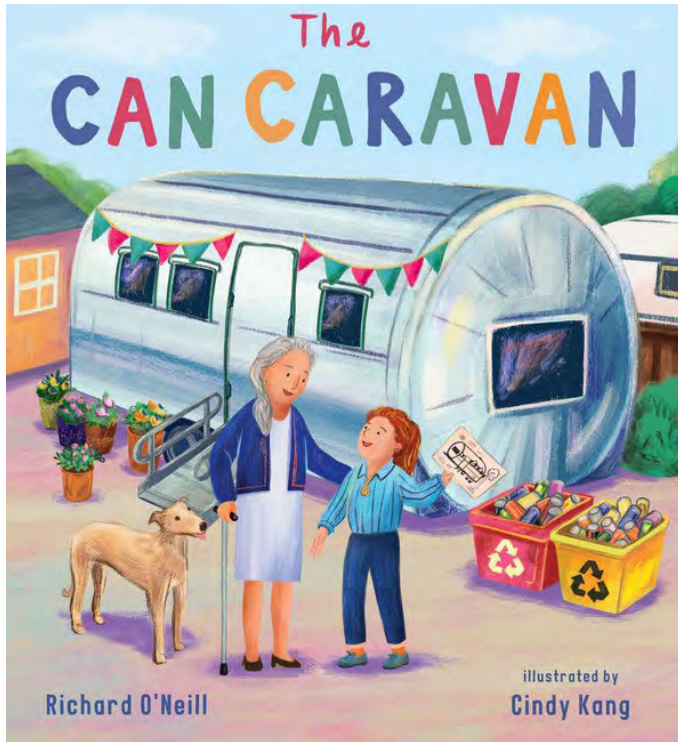
Early readers will love discovering the animals hidden in this book. Just turn each page to make the vibrant patterns come to life! Perfect for developing early perception skills, stimulating the imagination - and simply having fun!

AUD RRP: \$12.95
Due Date: December 2022
Format: Board book
Illustration: Colour Throughout

ISBN-13: 9781786285843
Discount: Trade Australian
Size: 180 X 180
Pages: 16

AUD RRP: \$12.95
Due Date: December 2022
Format: Board book
Illustration: Colour Throughout

ISBN-13: 9781786285850
Discount: Trade Australian
Size: 180 X 180
Pages: 16



The Can Caravan (Travellers Tales)

By Richard O'Neill and Illust. by Cindy Kang

Age Range: 3 years

When Janie’s neighbour Mrs Tolen goes into hospital with a broken hip, it looks as though she will have to move out of her old caravan and into a house.

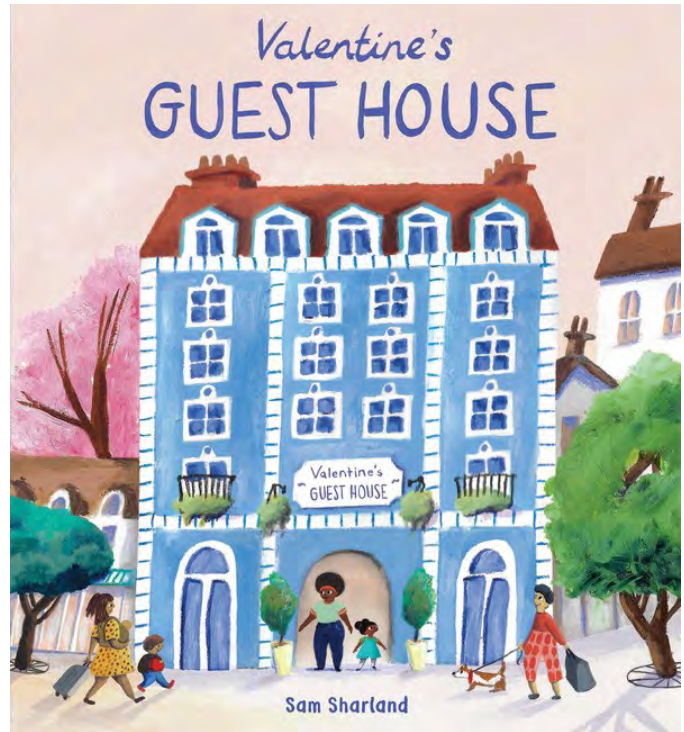
Janie is desperate to help, but all seems lost until her school visits a local recycling plant.

All it takes from there is imagination, a supportive community, and lots and lots of hard work to transform Mrs Tolen’s old caravan into a safe and secure new home!

The latest picture book by renowned Romani storyteller Richard O’Neill celebrates the traditional Traveller virtues of resilience, adaptability, loyalty, and independence.

AUD RRP: \$14.95
Due Date: December 2022
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9781786286147
Discount: Trade Australian
Size: 268 X 245
Pages: 32



Valentine's Guest House

By Sharland Sam

Age Range: 3 years

When a tiger comes to stay at Valentines guest house, the human visitors all check out in a rush.

Luckily, the hotel soon starts to fill again - but with a very different collection of residents, all with new and differing needs.

Elsie and Valentine make lots of changes to accommodate the new guests, and a very popular, accessible, and unusual guest house result!

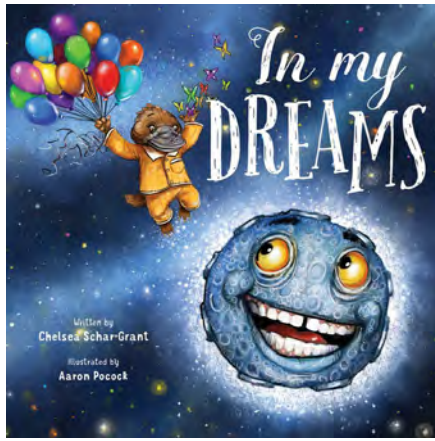
A beautiful debut picture book about diversity, inclusivity, and empowerment.

Hardback Version – 9781786285638 – RRP AUD\$26.95

AUD RRP: \$14.95
Due Date: December 2022
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9781786285621
Discount: Trade Australian
Size: 268 X 245
Pages: 32





In My Dreams

By Chelsea Schar-Grant and Illust. by Aaron Pocock
LITTLE STEPS
Age Range: 4 years
Author Location: SA



In my Dreams is a beautiful, lyrical exploration of how young people might imagine their future lives and interests. What would it be like to be a doctor, a police officer, or a dancer? Use your imagination and discover who you might be in your dreams!

AUD RRP: \$16.95
Due Date: January 2023
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9781922678409
Discount: Trade Australian
Size: 240 X 240
Pages: 28



Smile your way to Happy

By Bernie Hayne and Illust. by Annelies Billeter
LITTLE STEPS
Age Range: 4 years
Author Location: QLD



A smile is like a superpower – let's see what it can do! In this charming picture book, you'll learn that you can smile your way to happy. Give it a try today!

AUD RRP: \$26.95
Due Date: January 2023
Format: Hardback
Illustration: Colour Throughout

ISBN-13: 9781922678379
Discount: Trade Australian
Size: 240 X 240
Pages: 28



Spring Rolls and Vegemite Sandwiches

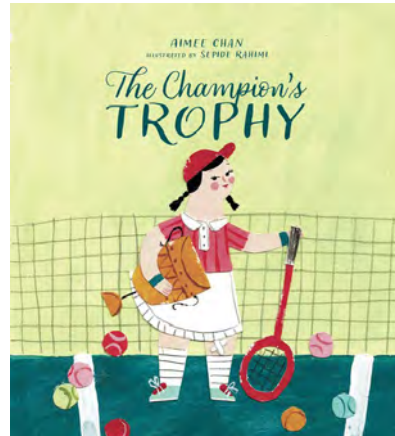
By Pho Yann and Illust. by Annelies Billeter
LITTLE STEPS
Age Range: 3 years
Author Location: NSW



Kim and Amy are best friends from two completely different backgrounds. Although Kim and Amy are different in many ways, they share one common passion – food. They take us on a culinary journey of East meets West through their traditions, lives, families, and homes.

AUD RRP: \$26.95
Due Date: January 2023
Format: Hardback
Illustration: Colour Throughout

ISBN-13: 9781922358639
Discount: Trade Australian
Size: 280 X 240
Pages: 32



The Champion's Trophy

By Aimee Chan and Illust. by Sepide Rahimi
LITTLE STEPS
Age Range: 3 years
Author Location: NSW

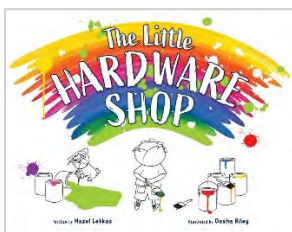


Pho Kim is excited and proud to accept her trophy for winning the tournament, until she realises the prize for the boys is much bigger.

AUD RRP: \$25.00
Due Date: January 2023
Format: Hardback
Illustration: Colour Throughout

ISBN-13: 9781922833853
Discount: Trade Australian
Size: 275 X 240
Pages: 32

The Little Hardware Shop



Hazel Lekkas and Illust. by Dasha Riley

Age Range: 3 years

Author Location: VIC

Down the street, not far away, there is a little Hardware Shop. From paint for a baby's new room to a rubber tip for an old man's walking stick. Travel through the pages of this book to find yourself down the street, not far away, in a little hardware shop with a big heart.

LITTLE STEPS

AUD RRP: \$16.95

ISBN13: 9781922833983

Due Date: January 2023

Discount: TRADE

AUSTRALIAN

Format: Paperback

Pages: 24

Size: 280 X 215

Illustrations: COLOUR THROUGHOUT



The Magic Heart



Jenna Moss, Tahnee Rolfe and Illust. by Isabel Lozano

Age Range: 3 years

Author Location: NSW

"Mum smiled gently and reached out her hand, a small magic heart shone like sparkling sand." The Magic Heart is a beautiful rhyming story about staying connected to the ones we love even when we can't have them by our side.

LITTLE STEPS

AUD RRP: \$16.95

ISBN13: 9781922833754

Due Date: January 2023

Discount: TRADE

AUSTRALIAN

Format: Paperback

Pages: 32

Size: 240 X 240

Illustrations: COLOUR THROUGHOUT



In Search of Goonoobee



Pat Clarke and Illust. by Graeme Compton

Age Range: 4 years

Author Location: NSW

Clare and Alex are sad at leaving their old home in QLD to live on a property in the Goonoo Forest. However, the spectacular display of fairy lights on their arrival alerts them to the fact that their new home is not what they expected. The children are soon drawn into the mystical world of the forest and meet some of the amazing creatures from Grandma's tales.

LITTLE STEPS

AUD RRP: \$26.95

ISBN13: 9781922833686

Due Date: January 2023

Discount: TRADE

AUSTRALIAN

Format: Hardback

Pages: 80

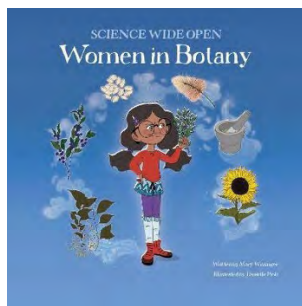
Size: 230 X 160

Illustrations: COLOUR THROUGHOUT





Women in Botany



Wissinger Mary

Can one seed make a difference? *Women in Botany* introduces kids to the field of botany through the questions of a spunky girl whose inquiries guide an engaging, scientifically accurate conversation. Readers will experience the dazzling world of plants and learn about timeless women botanists who have used tiny seeds to do huge things, like create new medicines and feed their communities. The highlighted women hail from all over the world, span from the 16th Century to present day, and include Waheenee, Ynes Mexia, Dr. Janaki Ammal, Elizabeth Coleman White, Loredana Marcello, and Wangari Maathai. Designed to motivate girls to learn more about the field of botany and see how one person's creativity and determination can change the world, this book has been peer reviewed by an extensive team of scientists, science educators, and parents.

SCIENCE, NATURALLY!

AUD RRP: \$25.99
ISBN13: 9781938492594
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 40
Illustrations: B&W THROUGHOUT



Women in Engineering



Wissinger Mary

What ideas do you have that could connect others? *Women in Engineering* introduces kids to the field of engineering through the questions of a spunky girl whose inquiries guide an engaging, scientifically accurate conversation. Readers will experience how an engineer thinks and be introduced to determined women engineers who have dreamed up ideas to improve and connect the world. The profiled women, who come from a diverse array of countries and centuries, include Huang Daopo, Emily Warren Roebling, Maria / Miriam the Prophetess, Hedy Lamarr, Sandra Cauffman, and Dr. Treena Livingston Arinzeh. Designed to motivate girls to learn more about the field of engineering and see how one person's imagination can change the world, this book has been peer reviewed by an extensive team of scientists, science educators, and parents.

SCIENCE, NATURALLY!

AUD RRP: \$25.99
ISBN13: 9781938492532
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 40
Illustrations: B&W THROUGHOUT



Women in Medicine



Wissinger Mary

How does the body work? *Women in Medicine* introduces kids to the field of medicine through the questions of a spunky girl whose inquiries guide an engaging, scientifically accurate conversation. Readers will be introduced to the diverse world of medicine and the amazing work of women who have given us incredible things like a cure for malaria and a lifesaving heart surgery. The women, who come from across the globe and from a variety of historical periods, include Dr. Helen Taussig, Xoquauhtli, Dr. Gerty Cori, Dr. Angella Ferguson, Youyou Tu, and Florence Nightingale. Designed to motivate girls to learn more about the field of medicine and see the impact one person's questions and care can have on the world, this book has been peer reviewed by an extensive team of scientists, science educators, and parents.

SCIENCE, NATURALLY!

AUD RRP: \$25.99
ISBN13: 9781938492563
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 40
Illustrations: B&W THROUGHOUT





Fractured Shards Volume 2

By Dan Feuerriegel, Stephen Kok and Illust. by Ricardo Faccini

Key Sales Points:

- * Mature cyberpunk story. Vibrant illustrations and engaging story!
- * Printed locally in Sydney and fully coloured story on high quality.
- * Graphic novels are a growing medium and this extends to comic prose (e.g., Diary of a Wimpy Kid). There are very few Australian written graphic novels! This is unique in the Australian market.
- * Book will be marketed locally in Australia and international via online book resellers.

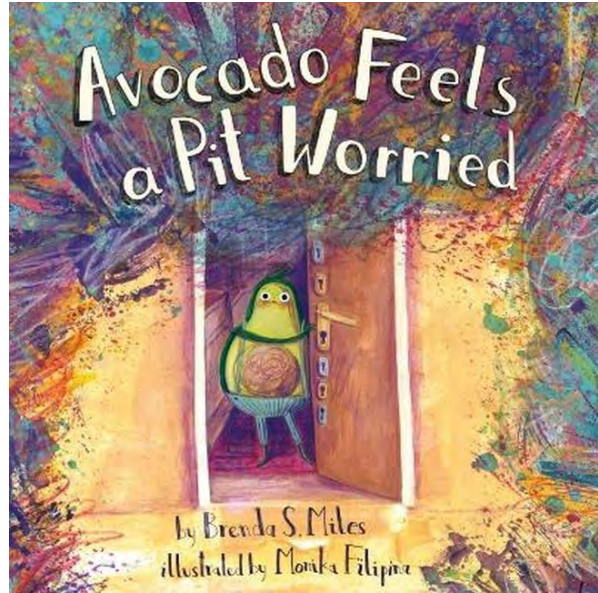
In a dystopian future, the world is separated into the glittering paradise of the LIGHTS and the slums of the DISTRICT. Detective Sebastian Vetro works on the most horrific of cases between both worlds as an enforcement officer. When a horrific crime occurs, sometimes that moment can fracture opening glimpses into the event.

Follow troubled Detective Sebastian Vetro on this crazy cyberpunk ride as he uses these fractures that he experiences to help solve crimes within the Lights and District. A murder investigation leads Sebastian to an unlikely partnership with the enigmatic Abigail. Who is Abigail and what are her motives to help?

AUD RRP: \$28.95
Due Date: November 2022
Format: Paperback
Illustration: Colour Throughout

ISBN-13: 9780648242154
Discount: Trade Australian
Size: 260 X 170
Pages: 56

TL CREATIVE



Avocado Feels a Pit Worried

A Story about Facing Your Fears

By Miles Brenda S.

Avi is an anxious avocado. He worries about EVERYTHING always wondering what-if? what-then? what's going to happen? and ends up avoiding everything that frightens him.

Until one day when he hears an unusual sound outside his kitchen window.... what possibly could that THUMP! THUIMP! THUD! be?

Fear swells in the pit of his stomach, but it occurs him. What is the worst thing that could happen if he just dares himself to face his fears?

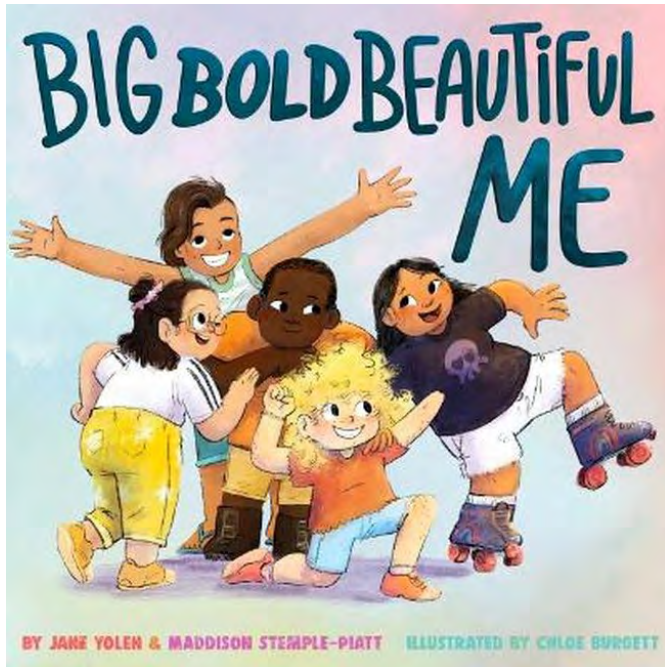
Versatile enough for family's reading, classroom or school counsellor use, readers will be rooting for Avi as he navigates situations that he once avoided.

Avi's confidence builds, bolstered by the support of friends and energized by a proven method for dealing with social anxiety, Avi takes the plunge and faces his fears head on!

AUD RRP: \$32.99
Due Date: January 2023
Format: Hardback

ISBN-13: 9781433838620
Discount: Trade International
Pages: 32





Big Bold Beautiful Me

A Story that's Loud and Proud and Celebrates You!

By Yolen Jane

Kids will delight in reading *Big, Bold, Beautiful Me* and find themselves marching along and standing side-by-side protagonists just like them who portray body positivity in a loud, proud, and very fun way.

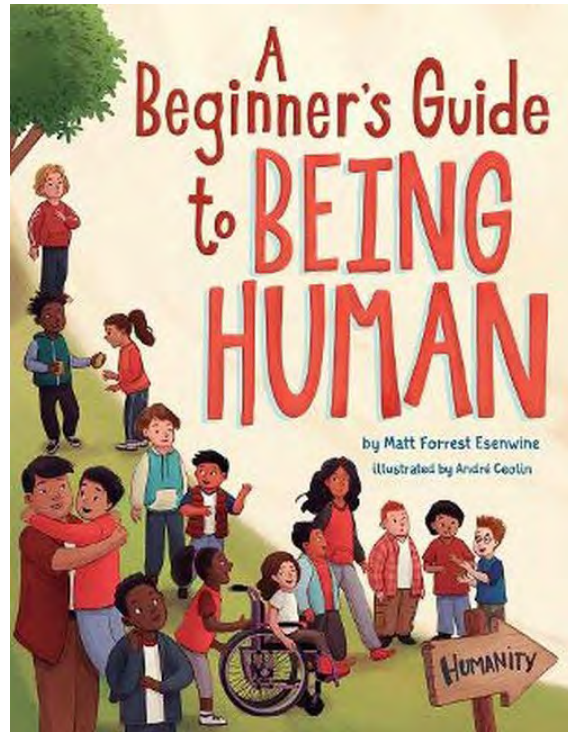
Grown-ups will welcome the message of healthy attitudes when facing negative or derogatory comments of others.

Together it is a valuable resource for young readers to confidently embrace who they are with big bold beautiful appeal to teachers, librarians, counselors, and parents, too.

I pull my shoulders back, and I walk with pride. Hiking with my Nana, going stride for stride. Then I look in the mirror and what do I see? Big and bold and beautiful me!

AUD RRP: \$32.99
Due Date: January 2023
Format: Hardback

ISBN-13: 9781433838644
Discount: Trade International
Pages: 32



A Beginner's Guide to Being Human

By Esenwine Matt Forrest

Being a human is a lot of work! Thankfully, humans experience many of the same feelings, situations, and challenges, so we don't have to figure it all out on our own--we can help each other navigate the ups and downs.

Full of humor and heart, this engaging guide inspires kids to be humans who are kind, empathetic, and thoughtful.

No matter what our day brings, we can choose to practice self-control, compassion, and forgiveness.

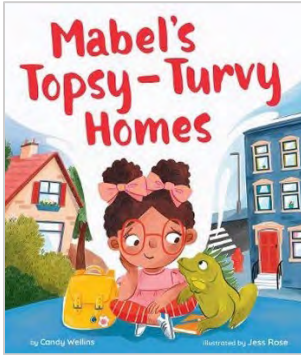
Don't worry, young human, it's okay to make some mistakes along the way--just remember that it's love that keeps us all afloat at the end of the day.

AUD RRP: \$36.99
Due Date: January 2023
Format: Hardback
Illustration: Colour Section(S)

ISBN-13: 9781506481739
Discount: Trade International
Size: 286 X 222
Pages: 32



Mabel's Topsy-Turvy Homes



Wellins Candy

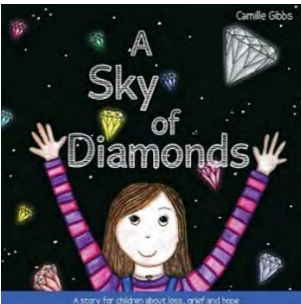
This is Mabel's house . . . and this is also Mabel's house. New routines, rules, and bedrooms: after her parents' divorce, Mabel's new living situation has her feeling topsy-turvy. As she learns to adjust to having two different houses, she struggles to understand her anxiety and frustration. But a weekend caring for the class pet helps Mabel realize that having more than one home isn't such a bad thing after all. Mabel and Izzy the Iguana make a colourful duo in this light-hearted picture book, helping kids adapt to their own new, topsy-turvy adventures.

1517 MEDIA

AUD RRP: \$36.99
ISBN13: 9781506482866
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Hardback
Pages: 32
Size: 260 X 222
Illustrations: COLOUR SECTION(S)



A Sky of Diamonds



Gibbs Camille

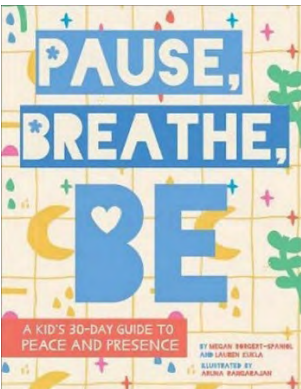
When Mia learns that her mother has died, all the colour in her world changes to a dreary grey. She feels guilty, angry, sad, and lost (sometimes all at once!), and she doesn't know what to do to feel better. Little by little, with the help of her Dad, Mia learns how to cope with her difficult feelings. Together, they remember her mother by creating memory boxes, and they even get rid of anger by crazily sloshing paints and punching holes in newspapers! In the end, Mia finds her own, very special way of coping. When she feels sad or lonely, she looks up to the stars. Full of practical strategies, this storybook for children aged 5-9 addresses loss, grief, and hope. Written from the perspective of Mia who has experienced the sudden death of her mother, it covers the different stages of grief, from initial disbelief, anger and sadness to resolution and hope. The book highlights the importance of giving children the time and space to work through their feelings and provides a host of thoughtful activities to help them cope.

JESSICA KINGSLEY PUBLISHERS

AUD RRP: \$28.99
ISBN13: 9781839977039
Due Date: January 2023
Discount: TRADE INTERNATIONAL
Format: Paperback
Pages: 48
Size: 210 X 210



Pause, Breathe, Be



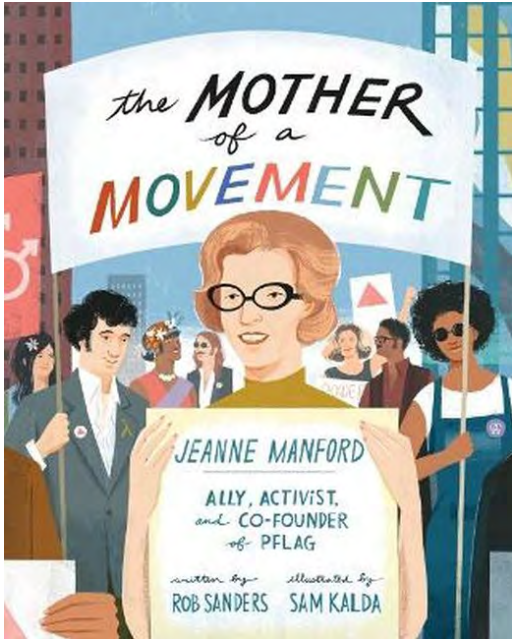
Borgert-Spaniol Megan

Living a mindful life can be easy--just take it one day at a time. Building on the popular 30-day movement trends, *Pause, Breathe, Be: A Kid's 30-Day Guide to Peace and Presence* encourages kids to engage in mindfulness through interactive, fun, and easy methods. Daily mantras, exercises, quizzes, and activities help kids achieve a deeper understanding and connection to the world around them while building self-esteem and reducing anxiety. This middle-grade book is organized into three main 10-day sections, exploring oneself, one's environment, and one's relationships. Additional content sprinkled throughout these sections sparks further exploration and discovery, helping young readers incorporate calm, joy, and peace in their lives each day.

1517 MEDIA

AUD RRP: \$37.99
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Pages: 144
Size: 210 X 165
Illustrations: COLOUR SECTION(S)





The Mother of a Movement

Jeanne Manford-Ally, Activist, and Co-Founder of PFLAG

By Sanders Rob

The Mother of a Movement is a true story of parental support and unconditional love.

It tells the story of Jeanne Manford, the co-founder of PFLAG.

When her son Morty was beaten by New York City officials for handing out pro-gay leaflets, Manford wrote a powerful letter to the New York Post to complain about how Morty was treated.

In the letter she came out as the mother of a gay son.

The letter was published. Morty invited his mother to march with him in the June 1972 Christopher Street Parade.

While marching, she had the idea to form a group to help parents and families of LGBTQ+ people. That was the beginning of PFLAG.

AUD RRP: \$32.99
Due Date: January 2023
Format: Hardback

ISBN-13: 9781433840203
Discount: Trade International
Size: 254 X 203
Pages: 40



Your Postnatal Body

A top to toe guide to caring for yourself after pregnancy and birth

By Nicholl Lyanne

You matter. Your body matters. Pregnancy and birth may be everyday occurrences, but they are not easy, and the after-affects can be wide-ranging and sometimes difficult to live with. Taking care of your physical and mental health is paramount, not only because a healthy, happy you will be more able to cope with the demands of parenthood, but because you are still the whole human being you were before you conceived, and you deserve to recover and thrive. With proper care postnatally, we can strengthen and support our bodies to recover - and maintain optimal physical health for life.

This book aims to hold your hand and lift you up as you navigate your new body, giving you information to help you to relish motherhood, not just survive it. It deals comprehensively with the common bodily changes you may experience after birth, explaining what is normal and what may need attention. Research and interviews with health experts are complemented by women's experiences of how they overcame a range of physical challenges postpartum, including stories that often go untold. The book does not shy away from tackling the hardest aspects of postnatal recovery but aims to be hopeful and genuinely helpful.

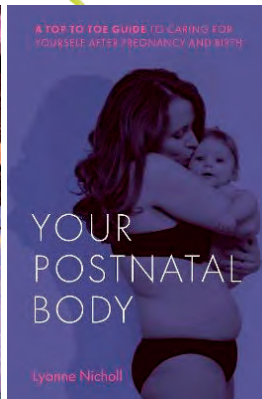
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Pages: 288



JANUARY 2023

Kids & Parenting



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